

March 2021



**Begins
March
26!**

Recce Town's UN-BEALE-IEVABLE 5k Series

MARCH

Color Run



MAY

Glow Run



OCTOBER

Zombie Run



DECEMBER

Hot Chocolate Run



FAMILY FRIENDLY • STROLLERS WELCOME • WALK OR RUN • OPEN TO ALL AGES

**SIGN UP AT
THE HARRIS
FITNESS
CENTER OR
SHOW UP ON
RACE DAY.**



Color Run 5k

March 26 • 4pm

Field behind the Youth Center

*(Please note the location change from previous advertisements.
Location was changed to allow for more social distancing.)*

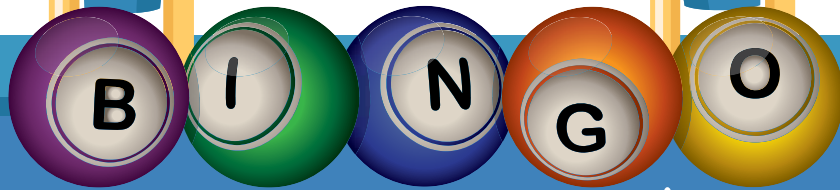
At different points along the course, you will be doused from head to toe in colored powder. Participants wear white at the starting line and finish the race plastered in color. Our photo booth will be set up for your colorful post race photos! *Please wear protective eye wear. Color may stain clothing.

If we are in HPCON B, the race will be held in-person. If we are in HPCON C, the race will be virtual and we will distribute colored powder so you can hold your own color run.



Every finisher will receive a Color Run pin to attach to their 2021 Recce Town's Un-BEAL-ievable Race Series ribbon.

Designer **PURSE**



MARCH 27 • 6–9PM • COMMUNITY CENTER

Doors open at 5:30pm

Make your reservation no later than March 26 by calling the Community Center Monday–Sunday 12–8pm.

\$10 in advance/\$15 at the door — Club Members

\$20 in advance/\$25 at the door — Non-Members

Women Only

Price includes 12 full-sheet cards & door prize ticket. Extra bingo cards & daubers available for purchase.

Complimentary snacks & non-alcoholic drinks provided, plus a cash wine bar available.



MOVIE NIGHT

AT THE INDEPENDENCE CINEMA

Doors open at 6:30pm **SHOWTIME at 7pm**



>> FRIDAY MOVIES <<

March 5 **REPLICAS** PG-13

March 12 **WONDER WOMAN 1984** PG-13

March 19 **THE WAR WITH GRANDPA** PG

March 26 **NEWS OF THE WORLD** PG-13

>> SATURDAY MOVIES <<

March 6 **THE CROODS: A New Age** PG

March 13 **DOOLITTLE** PG

March 20 **SHREK: The Final Chapter** PG

March 27 **WREK IT RALPH** PG



Reservations are no longer required, however, due to social distancing the theater can accommodate no more than 80 patrons. First come, first served.

Independence Cinema • 634-3140
www.BealeFSS.com/Independence-Cinema • www.facebook.com/BealeMovieTheater





9TH FORCE SUPPORT SQUADRON

Maj Bobby Hale, *Commander*

Jim Buck, *Deputy Director*

MARKETING

Blair Downs, *Marketing Director*

Ricky Villegas, *Sponsorship*

Tom Tennes, *Graphic Design*

Cathy Rodgers, *Graphic Design*

Erica Fowler, *Social Media/Web*

The **RECCE MAGAZINE** is published monthly by the Beale AFB 9th Force Support Marketing Department. Contents of the RECCE Magazine are not necessarily the official views of, or endorsed by, the U.S. Government, the DoD, or the Department of the Air Force. The appearance of advertising in this publication does not constitute endorsement by the federal government.

ALL PROGRAMS, DATES AND TIMES ARE SUBJECT TO CHANGE.

For information regarding advertising in the Recce Magazine or to sponsor a program or event contact:
 9th Force Support Marketing Office
 6249 C Street, Beale AFB, CA 95903
 530.634.5407/634.2283



www.BealeFSS.com



www.facebook.com/Beale9FSS



www.instagram.com/Beale9FSS



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ALL EVENTS ARE SUBJECT TO CHANGE BASED ON HPCON STATUS.

The safety of our Beale community is very important to 9 FSS leadership and staff. We hope to be able to have our scheduled events in person, within our COVID safety guidelines.

In the event that we go to HPCON C, some of our events will be switched to a virtual event or canceled, if a virtual option is not possible.

You can get the latest changes on our Facebook page @Beale9FSS or www.bealefss.com.



AIR FORCE ART CONTEST
ARTS



Air Force Art Contest prizes will be awarded to the top three in each category:

Adult Novice • Adult Accomplished
Teen 13–17 • Pre-Teen 9–12 • Youth 6–8

First Place



Second Place



Third Place



Entries Accepted March 1–31, 2021

Entries will be accepted at
<https://forcesupport.awardsplatform.com>.

Two-dimensional painting and drawing only.

Visit [Facebook.com/airforcearts](https://www.facebook.com/airforcearts) for more information.

enter today

Enter Beale's ART Contest

March 1-31

Enter the Air Force's Annual Art Contest then share your submissions with Beale Arts & Crafts! Our local judges will pick a top artist in each category:

Adult Novice • Adult Accomplished
Teen 13-17 • Pre-Teen 9-12 • Youth 6-8

Two-dimensional painting and drawing only. Submit your artwork on our Facebook page and include the category.



Let's put Beale on the Art World map like Michelangelo and the Sistine Chapel!

Must have at least two entrants in each category to have a winner for that category.



Springtime Crafts at the Arts & Crafts Center

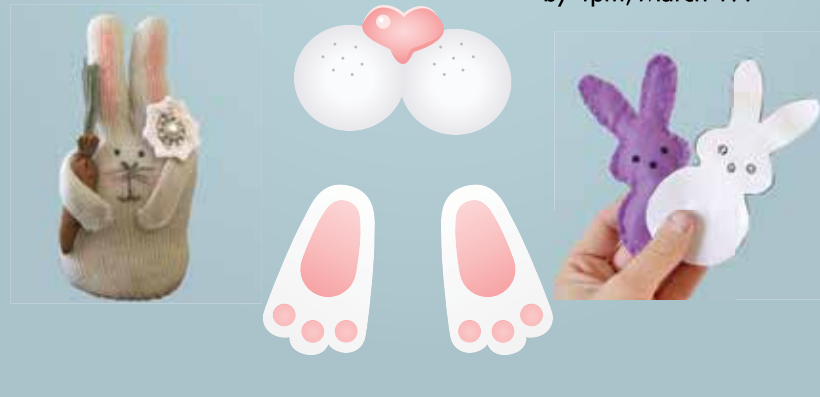
CAUTION
BUNNY CONSTRUCTION
AHEAD

Glove Bunny Class

March 12 • 5-7pm
Recycle a pair of winter gloves to make two adorable spring-time bunnies! \$15 includes all supplies and instruction. Register by 4pm, March 10.

Felt "Peep" Bunnies Class

March 19 • 5-7pm
Make four felt bunnies inspired by that favorite Easter candy! You can chose to hand sew or glue them together. \$15 includes all instruction and supplies. Register by 4pm, March 17.





Drs. Insiya & Raj Zanzi



*"A Healthy Smile
is A Beautiful Smile!"*
We Welcome Beale AFB Families

- **WE ACCEPT MILITARY INSURANCE** •   
- Evening & Saturday Appointments Available
- New Patients & Emergencies Welcome
- Flexible Payment Plans
- Crowns, Root Canals, Implants, Veneers and Dentures
- Digital X-rays, IntraOral Camera, Massage Chairs, and NETFLIX
- Braces & INVISALIGN for adults & kids



Gentle Family & Cosmetic Care
Raj Zanzi, DMD • Insiya Zanzi, DDS
Allen Sanders, DDS (Orthodontics)

\$50
CREDIT

Towards Dental Work
(Excluding exam, x-rays, cleaning & deductible)*
New patients only, one per family

*Not valid with any other offer.
Expires: March 31, 2021

  **916-797-0825**  YouTube

1424 Blue Oaks Blvd., Roseville (Hwy 65 & Blue Oaks exit)

www.12BridgesDental.com

Paid Ad. No Federal Endorsement of Advertisers Intended.

MARCH SPECIAL

AUTO HOBBY SHOP



**Free steering and
suspension check
when you purchase a
tire rotation — \$40**

SERVICE ♦ DIAGNOSTIC ♦ REPAIR

Auto Hobby Center • 634-2296

www.BealeFSS.com/Auto-hobby-center • www.facebook.com/BealeAutoHobby

COME BY AND ENJOY BOWLING ONCE AGAIN!

BEALE LANES BOWLING CENTER

SPECIALS!

FAMILY PACKAGE

\$27 (up to 5 bowlers)

One hour bowling, includes shoe rental

3 HOURS OF BOWLING

\$10 (includes shoe rental)

ROCK & BOWL

Friday & Saturday, 5-7pm

\$10 Unlimited bowling, includes shoe rental

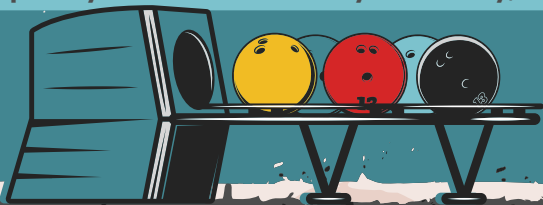


BOWLING RATES

\$3 per game/\$3.25 shoes



Temporary Hours: Wednesday-Saturday, 1-7pm



Beale Lanes • 634-2299

www.BealeFSS.com/Beale-Lanes • www.facebook.com/BealeLanes

YOU ASK, WE LISTEN!

Your feedback is important to us.

Suggestions and feedback help us make improvements and address issues.



We also love recognizing excellent service!



BEALE AFB ICE SITE



Visit ice.disa.mil to leave comments about any of our FSS facilities. A manager will respond to your feedback if you leave your contact information.

ICE
INTERACTIVE CUSTOMER EVALUATION

ice.disa.mil



BLACKWOOD CANYON SNOWSHOE TRIP

Join us as we snowshoe our way through this beautiful winter wonderland!

March 6 • 7am–4:30pm

\$30 (trans. & gear) **Sign up by March 2**



SIERRA SNOW PLAY DAY

Have fun sledding, building a snowman, or a friendly snowball fight! OAC will provide the sleds.

March 13 • 8am–3pm

\$25 (trans. & sleds) **Sign up by March 9**



MUIR WOODS REDWOODS HIKE

Stroll through this amazing giant redwood forest and marvel at nature's beauty.

March 14 • 8am–8pm

\$30 (transportation) **Sign up by March 9**



TERNERO FARM OLIVE OIL TASTING

Sample a unique variety of olive oils and vinegars at this family farm and vineyard.

March 20 • 12–3:30pm

\$15 (transportation & tastings)

Sign up by March 16



BODEGA BAY CRABBING TRIP

Our staff will show how to catch this seasonal delicacy using baited crab traps.

March 27 • 6am–6pm

\$50 (trans., crab traps, instruction)

Sign up by March 23



WEST COAST FALCONRY EXPERIENCE

Experience a hands-on encounter with birds of prey. You'll hold a hawk and release it.

March 28 • 12–3pm

\$70 (transportation, falcon experience)

Sign up by March 23



SQUAW/ALPINE RESORT SKI SHUTTLE

Hop aboard our shuttle for an epic day of shredding the slopes!

We'll drop you and your gear right out front for easy access.

Need rentals? Check out the OAC's available gear at discount prices.

March 7 & 21 • 7am-6pm

\$20 (transportation only) **Sign up by the Tuesday prior.**

To make your experience as safe as possible, the OAC is taking the following precautions for COVID prevention:

- Vehicles will have plastic dividers or six feet of distance between participants
- Vehicles will be sanitized before use and before reentry
- Equipment will be sanitized before use
- Hand sanitizer provided for participant use
- Gloves are provided when equipment is to be shared



THE OAC HAS A COMPLETE LINE OF WINTER GEAR SERVICES!

Tune-ups • Waxing • Boot Drying
Binding Mount Testing • Repairs

NEED SNOW GEAR?

We rent ski bibs & jackets, skis, snowboards, snow boots, helmets, sleds, tubes and discs.

Check out the retail shop for deals on clothing and gear!

Realize Your Dreams. **START FLYING!**

The Beale Aero Club Flight Training Center Offers:

Private Pilot Ground School

Aircraft Systems, Aerodynamics,
Airport Layouts & Markings,
Communications & Navigation,
Physiology, Weather Regulations,
and Cross Country Planning

Specialty Flight Training

Private Pilot Rating, Instrument
Rating, Commercial Rating,
Certified Flight Instructor (CFI),
Certified Flight Instrument
Instructor (CFII)



Contact the
AERO CLUB
to find out more
information.

Aero Club • 634-9011

BealeFSS.com/Aero-Club • facebook.com/BealeAeroClubFTC



Rod-n-Gun Club

Shamrock Saturday, March 13

Shoot

Participants shoot
Shamrock targets,
as well as a potato
on a stick!

Come dressed
in **GREEN** and
join the fun!

Event time: 10am-4pm

Entry fee: \$15*

*Additional potatoes/targets: \$2-3

Sign up by:

March 12 and receive
a **Pot-O-Gold** when
you sign in the day of!

Special lunch menu!

\$3 Beer Brats

\$3 Loaded Baked Potato

Rod & Gun Club • 788-2473 www.BealeFSS.com/Rod-n-Gun

AXE THROWING

Coming Soon to Beale

Like Darts only Cooler!

COMING SOON!

AIRMAN & FAMILY READINESS CENTER

Zoom Classes!

Please call 634-2863 to register and receive your Zoom invitation.

Boots to Business

March 3–4 • 9am–4pm

A 2-day workshop geared towards business plan development with info on franchising and legal issues.

Ditching the Dorms

March 4

9–10:30am or 7–8:30pm

A class for Airmen who have never lived on their own and want to move out of the dorms.

Debt Management

March 16

9–10am or 7–8pm

Learn effective strategies in managing and eliminating debt.

Bundles for Babies

March 19 • 9–11am

Information offered on support programs, budgeting, and financial plans from conception to college for your new arrival.

EFMP Orientation

“Everything EFMP!”

March 19 • 11am–12:30pm

EFMP orientation for newly enrolled families. Learn about the EMFP programs offered to your family.

Federal Resume Tips

March 25 • 9–11am

A workshop to prepare individuals for researching federal job opportunities, preparing federal resumes, and other federal employment related issues.

Airman & Family Readiness Center • 634-2863

www.BealeFSS.com/AFRC • www.facebook.com/BealeAirmanFamilyReadiness • Instagram @bealeafrc



Dr. Seuss

Week
 @ Hub Zemke Library
 March 1-6

Get a Dr. Seuss craft bag and
 play Dr. Seuss **Kahoot!**
 Find the **Kahoot!** link on Facebook
 @HubZemkeLibrary.

**You can find magic
 wherever you
 look. Sit back
 and relax, all you
 need is a book.**

-Dr. Seuss



Hub Zemke Library

Monday–Thursday 📖 8:30am–5:30pm

Friday 📖 8:30am–4pm

Saturday 📖 8:30am–12:30pm

Limited Occupancy Service

The current occupancy
 limit is ten, mask usage
 required by all customers.

When we reach that
 number, the door will be
 locked and a sign posted
 that we are open but
 at capacity.

You may choose to stay
 in your car and call us at
 634-2314 to let us know
 you are waiting. Once
 someone leaves, you will
 receive a courtesy call
 letting you know you are
 able to enter.

Curbside Service Still Available

Review the library
 catalog and place titles
 on hold, then email the
 staff at hzlstaff@gmail.com
 to arrange pick up.

Once you arrive, call
 the library and we will
 bag your items and bring
 them to your car.

**BEALE YOUTH CENTER
FAMILY FITNESS LEAGUE**



Enjoy playing Pickle Ball, Volleyball, Tennis, Disc Golf, and more with members of your family!

TUESDAYS & THURSDAYS

5-5:30pm (8-11 yrs) • 6-6:30pm (12 & older)

Cost: \$40 per family, per month

*Adult participation required.
Contact the Youth Center front desk with questions or to sign up.*



FRIDAY FUN!

**FIRST FRIDAY
TEEN NIGHTS!**

**STARTS FRIDAY, MARCH 5
5-7PM • FREE**

TEENS! Get out of the house and check out the great things the Youth Center offers!

**GYM • POOL TABLE
AIR HOCKEY • ART ROOM
VIDEO GAME • TEEN CENTER**

Planned activities and FREE snacks are provided.

VIRTUAL FRIDAYS

Visit Facebook.com/
BealeChild&YouthPrograms
and join the fun!

**SPORTS • ART • SCIENCE
LIFE SKILLS • CHARACTER
LEADERSHIP SKILLS**

**Saint Paddy's
Tween Night Out!**

MARCH 12 • 6-8:30PM

Join your friends for a fun night of sports, games, challenges and refreshments.

Snack bar open for purchase.

Ages 9-12
Cost: \$10



WEAR GREEN AND JOIN THE FUN!

SAVE THE DATE
Day for Kids
EGGSTRAVAGANZA

HPCON BRAVO

Saturday • April 3 • Youth Center

Reservations are required to reduce the number of people at one time. Sign up link will go live closer to event date. Follow us on Facebook @Beale9FSS! Activities will be the same for all time slots.

Activities include:

- egg hunt, divided by ages
 - cake walk & games
- pictures with the easter bunny
 - take home craft kits

HPCON CHARLIE

Wednesday, March 31

Drive thru: Receive a goodie bag with eggs, crafts and activities .

**More information to follow as we get closer and can assess our current HPCON posture.*

EFMP & RESPITE CARE PROGRAM

Receive 40 hours per month of free child care for military families with a disabled child.



If your child has a disability, your family may qualify to be Q Coded and registered with the EFMP program with the Air Force.

If you are verified as an EFMP family, you can qualify for Respite Care for the child with a disability, and for all the siblings as well. The hours and the respite care providers are scheduled monthly through the FCC Coordinator.



Contact the FCC Coordinator, **Miranda Higgins** at (530) 812-3117 or bealefcc@gmail.com for Respite Care.

To learn more about the EFMP Program, please contact **Kim Hogue** at kimberly.hogue.1@us.af.mil or the EFMP Medical Specialist, **Melissa Garder** at melissa.gardner.ctr@us.af.mil.

MILITARY SPOUSE APPOINTMENT CARE

A **NEW** TYPE OF EXPANDED CHILD CARE IS BEING OFFERED IN OUR FAMILY CHILD CARE HOMES!

ELIGIBILITY REQUIREMENTS FOR THE PROGRAM

- Spouse of Military Member.
- Active Duty or Reserve/Guard in activated status.
- Sponsor must be at work, on directed crew rest, or must attend the appointment with the spouse.
- No other adult in the household available to provide care.
- Spouse must be attending an approved appointment.

*An ECC form with the active duty members supervisors signature along with verification of an appointment is needed to qualify.



EXAMPLES OF APPROVED APPOINTMENTS ARE:

- Medical appointments
- Classes offered by:
 - Airmen & Family Readiness Centers
 - Chaplain & Family Advocacy
 - Medical Agencies

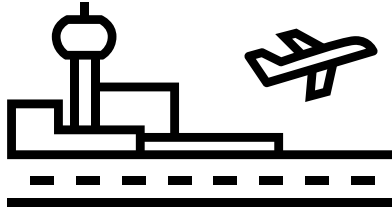
EMPLOYMENT OPPORTUNITIES

- Job interviews
 - Initial job training/new employee orientation
- (Volunteer opportunities are not an approved appointment)

All requests must be turned into the Beale Family Child Care Coordinator, **Miranda Reinbold-Higgins** at least **72 hours** in advance of appointment.

Requests can be sent to:
✉ Miranda.Reinbold_Higgins.1@us.af.mil

Family Child Care • (530) 812-3117
www.BealeFSS.com/Family-Child



RUNWAY PIZZERIA

IT'S ALL ABOUT THE BASE...

Hours of Operation:

3–9pm *Hours subject to change

Pick up and delivery available.

7 Days a Week

(530) 329-8520

IN THE COMMUNITY CENTER

No federal endorsement of advertisers intended.

9 FSS MARKETING IS YOUR ON-BASE COPY, PRINT & DESIGN CENTER



SERVICES OFFERED

- BLACK & WHITE AND COLOR COPIES
- BUSINESS CARDS
- BROCHURES, MANUALS
- POSTERS, FLIERS AND BANNERS
- LAMINATING
- CUTTING, FOLDING AND BINDERY

DESIGN SERVICES

PROFESSIONAL AND EXPERIENCED
GRAPHIC DESIGNERS

9 FSS MARKETING OFFICE

LOCATED IN THE 9 FSS SQUADRON HEADQUARTERS BLDG.
6249 C STREET, BLDG 2440, BETWEEN THE CHAPEL & SECURITY FORCES
634-5407 · 9FSS.FSK@US.AF.MIL · WWW.BEALFSS.COM/GOLD-MINER-PRESS

FITNESS CLASSES



Fit2Fight
Mondays, 6am
Fitness Center Gym
Promotes proper movement, high intensity intervals and combined strength training.

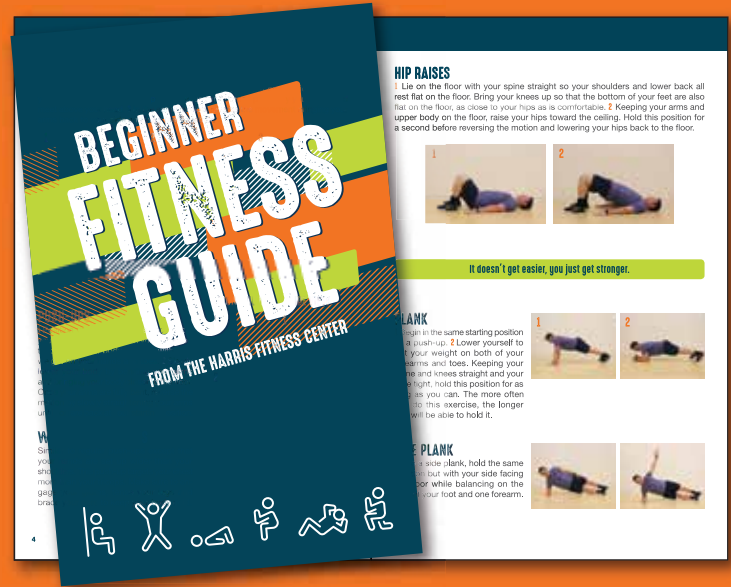
Alpha Warrior
Mondays, 10am
Alpha Warrior Rig
Alpha Warrior is a state-of-the-art obstacle course specifically designed to test every aspect of ability, the strength of every muscle group, mental fortitude and your body's ability to keep going.

Circuit Training
Wed & Fri, 6am/3pm
Fitness Center Gym
Good circuit trainings will include stations that target each of the upper body, lower body, and core at every class.

Alpha Warrior classes will be relocated at the gym due to weather conditions. Classes subject to change without notice.

AVAILABLE NOW!

**-Pick up your copy today!-
FROM THE HARRIS FITNESS CENTER**



HIP RAISES

1 Lie on the floor with your spine straight so your shoulders and lower back all rest flat on the floor. Bring your knees up so that the bottom of your feet are also flat on the floor, as close to your hips as is comfortable. 2 Keeping your arms and upper body on the floor, raise your hips toward the ceiling. Hold this position for a second before reversing the motion and lowering your hips back to the floor.



It doesn't get easier, you just get stronger.

PLANK

1 Begin in the same starting position as a push-up. 2 Lower yourself to rest your weight on both of your forearms and toes. Keeping your arms and knees straight and your feet together, hold this position for as long as you can. The more often you do this exercise, the longer you will be able to hold it.



SIDE PLANK

1 In a side plank, hold the same position as a plank, but with your side facing the floor while balancing on the side of your foot and one forearm.



TWELVE PEAKS TO CONQUER...BAG ONE OR BAG'EM ALL!



BAG THE PEAKS CHALLENGE!

Join this 12-month program we call “Bag the Peaks”!
The Fitness Center has chosen 12 peaks to climb around Northern California that have various challenges, from an easy 2-mile hike outside Beale to a difficult 10.9 climb with a 3,300 foot elevation near South Lake Tahoe!

Pick up your Bag the Peaks guide at the front desk or visit www.bealefss.com/bagthepeaks.

HARRIS FITNESS CENTER • 634-2258



Recce U Professional Development

FOR MORE INFORMATION ABOUT PROFESSIONAL DEVELOPMENT OPPORTUNITIES, PLEASE CONTACT YOUR RECCE U TEAM

Career Assistance Advisor

SMSgt Anthony "Hawk" Hawkins
anthony.hawkins.1@us.af.mil • 634-3644

Wing Airmen Development NCOIC

SSgt Zachary Vig
zachary.vig@us.af.mil • 634-4747

FTAC NCOIC

SSgt Taylor White
taylor.white.9@us.af.mil • 634-4747



THE BEALE RETIREE ACTIVITIES OFFICE (RAO)

Volunteers Needed! Support the military retiree community by providing:

- ✦ *Information – Air Force programs/policies regarding military retirees*
- ✦ *Support – accessing myPay and other sites important to military retirees*
- ✦ *Referrals – to subject-matter experts to DoD, military branch, and Beale*

Volunteers are required to have access to base facilities (e.g., Exchange, Commissary, etc.), however we are working remote during the pandemic. If you have a phone, a computer and are interested in donating 3 hours a week, we can use you.

Call us at (530) 634-2157, email us at BealeRAO@gmail.com, or visit us at Facebook.com/BealeRetireeActivitiesOffice.

"STILL SERVING"



UNITE PROGRAM

BUILDING UNIT COHESION THROUGH GROUP RECREATION

WHAT IS UNITE?

The Unite program is a U.S. Air Force resiliency program to support unit cohesion, team-building and morale.

The Unite program offers a way to increase unit cohesion without pulling from your squadron funds.

By utilizing FSS services already available on base, you can provide the most cost-effective resiliency activity for your unit. Off base venues are also available.

The Unite program is open to Active Duty, Reserve and both APF and NAF Civilians. Family members are welcome to participate, but they must pay any associated fees.

HOW DOES UNITE WORK?

Choose a team-building activity.

Your squadron is allocated \$5/person for food and beverage and \$13.50/person for equipment rentals, program supplies, and admission fees.



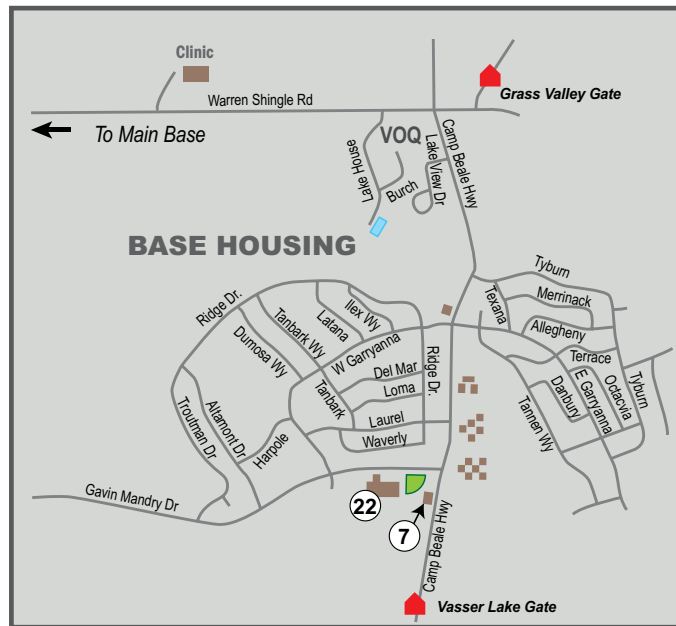
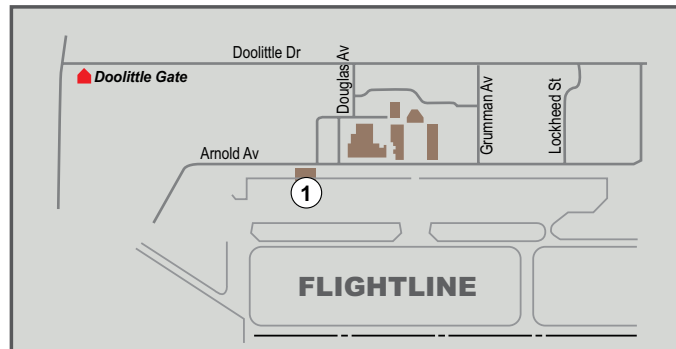
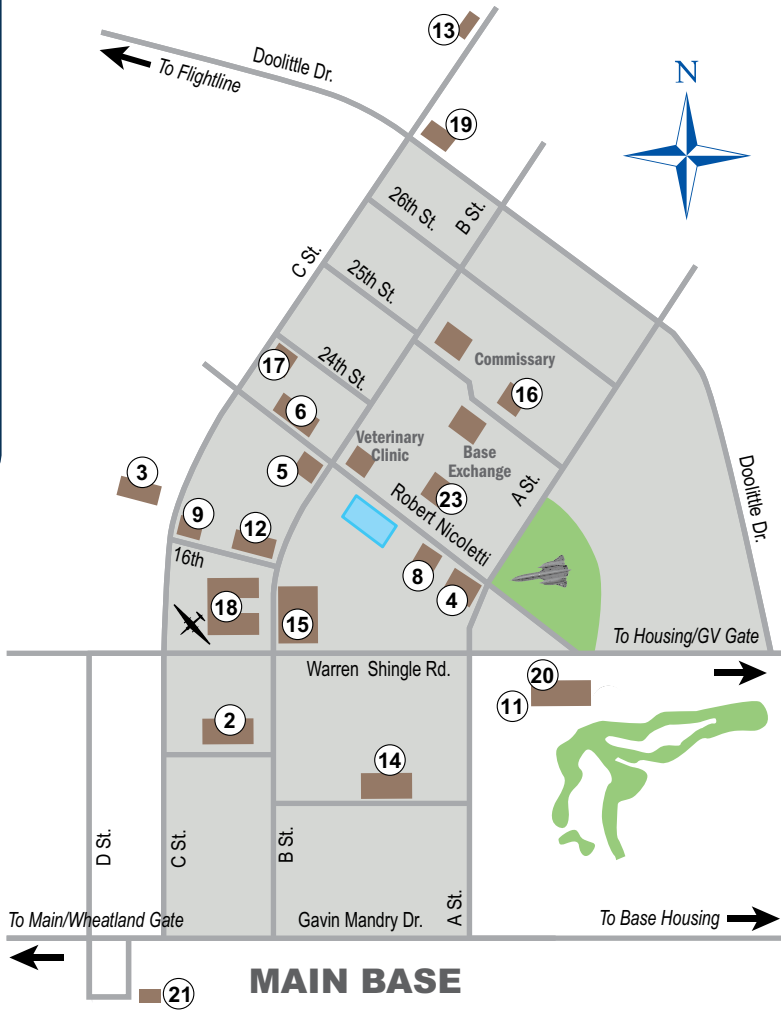
**Contact Scott Bittner at 634-4042/
9FSS.FSW.C3@us.af.mil to begin
planning your event.**

Event requests must be made 30 days in advance.

UNITE. BECAUSE YOU WANT TO...

- Develop a new skill or competency
- Improve physical fitness
- Increase esprit de corps, comradery, or morale
- Promote interaction between unit members
- Provide an opportunity for fun or relaxation
- Reinforce squadron, peer, or AF core values
- Work on a team-building exercise

One beverage limit per meal. No alcohol. Unite funds CAN'T be used to augment holiday parties. Private Org funds may be used to cover expenses that exceed the allotted amount, but Unit Enhancement Funds cannot. Final attendance count is due 72 hours prior to your ON BASE event. It will be used to invoice meals planned at FSS facilities. Off base attendance requirements may differ.



9 FSS HOURS OF OPERATION

- 1 Aero Club Flight Training** 634-9011
1232 Arnold Street
9am–2pm M–Th
Aero Club Members 24/7
Closed holidays
- 2 Airman & Family Readiness** 634-2863
17800 B Street
7:30am–4:30pm M,T,Th,F
7:30am–1:30pm W
Closed weekends/holidays/family days
- 3 Airman Leadership School** 634-3332
2401 C Street
7:30am–4:30pm M–F
Closed weekends/holidays/family days
- 4 Arts & Crafts Center** 634-2294
17651 Warren Shingle Road
9am–4pm Tu–F
Closed weekends/holidays
- 4 Auto Hobby Center** 634-2296
17651 Warren Shingle Road
7am–6pm M–F
9am–5pm (no mechanic) Sat
Closed Sundays/holidays
- 5 Beale Lanes** 634-2299
17800 Robert Nicoletti Way
1–7pm W–Sat
- 6 Child Development Center** 634-4717
18000 Robert Nicoletti Way
6:15am–6pm M–F
Closed weekends/holidays
- 7 Child/Youth Resource Center** 634-4418
5190 Camp Beale Hwy, Bldg. 3308
9am–3pm M–F
Closed weekends/holidays
- 8 Community Center** 634-3140
17700 Robert Nicoletti Way
12–8pm M–F
12–6pm Weekends
Closed holidays
- 9 Contrails (DFAC)** 634-2537
17853 16th Street
Simply to Go: 5:30am–7pm M–F
Simply to Go: 7:30am–6:30pm Wkd/Hol
Breakfast: 5:30–8am M–F
Breakfast: 7:30–9am Wkd/Hol
Lunch: 10:30am–1:30pm Daily
Dinner: 4:30–7pm M–F
Dinner: 4:30–6:30pm Wkd/Hol
Midnt Meal: 10:30pm–12:30am Hol/Daily
- 11 Coyote Pub & Grill** 634-0936
17440 Warren Shingle Road
8am–3pm M–F
Closed weekends/holidays/family days
- 12 Education Center** 634-2525
17849 16th Street
8am–3pm M–F
Closed weekends/holidays/family days
- 13 Fam Camp** 634-3382
220 Cedar Lane
9am–12pm/1–4:30pm M–F
0900–1200 Sat
(Contact Camp Host) Sat, Sun, Hol
- 7 Family Child Care** 812-3117
5190 Camp Beale Hwy, Bldg. 3308
By appt.
- 14 Gold Country Inn** 634-2953
24112 A Street
Open 24/7
- 15 Harris Fitness Center** 634-2258
2418 B Street
5am–10pm M–F
8am–5pm Wkd/Hol
- 12 Hub Zemke Library** 634-2314
17849 16th Street
8:30am–5:30pm M–Th
8:30am–4pm F
8:30am–12:30pm Sat
Closed Sundays/holiday/Fam Days
- 16 Independence Cinema** 634-3140
25th Street, Bldg. # 2474
(Doors open 30 min. prior) 7pm Sat
Closed holidays
- 19 Information, Tickets, Tours** 634-4882
17630 Doolittle Drive
Currently Closed
Contact: ashlie.giesick@us.af.mil
- 18 NAF Human Resources** 634-2240
17852 16th Street
7am–4pm M–F
Closed weekends/holidays/family days
- 17 Marketing Office** 634-5407
2440 C Street
8am–4:30pm M–F
Closed weekends/holidays/family days
- 23 Omni Fitness Center** 634-2258
Closed for renovations
- 19 Outdoor Adventure Center** 634-2054
17630 Doolittle Drive
9am–5pm M–F
9am–1pm Sat/Fam Days
Closed Sundays/holidays
- 20 Recce Point Club** 634-2833
17440 Warren Shingle Road
Office hours: 7:30am–4:30pm M–F
Closed weekends/holidays/family days
- 21 Rod & Gun Club** 788-2473
7950 D Street
9pm–4pm W–Sun
Closed holidays
- 5 Spare Time Grill** 634-2304
17800 Robert Nicoletti Way
7am–2pm M–F
Closed Weekends/holidays
- 22 Youth Programs** 634-4953
15160 Gavin Mandry Drive
Office: 6:15am–6pm M–F
School-Age: 6:15am–6pm M–F
Closed weekends/holidays

Anyone can Dine!

FAMILY, FRIENDS & CO-WORKERS

Remember everyone is
eligible to dine at the
EXCHANGE



No federal endorsement of advertisers intended.



QUICK GLANCE FOOD GUIDE

Spare Time Grill

Monday–Friday, 7am–2pm

Serving Breakfast & Lunch

Breakfast Platters • Breakfast Burritos • Pancakes
French Toast • Biscuits & Gravy
Hand-pressed Hamburgers • Veggie Burgers
Chicken Sandwiches • Pizza • Hot Dogs
Salads • Appetizers • Beer & Wine



Monday–Sunday, 11am–8pm

Serving Lunch & Dinner

Hamburgers • Noodle Bowls
BLT & Club Sandwiches • Pizza • Hot Dogs
Salads • Tacos • Appetizers • Beer & Wine




Breakfast: M–F: 5:30–8am/Wkd & Hol: 7:30–9am
Lunch: Daily, 10:30am–1:30pm
Dinner: M–F, 4:30–7pm/Wkd & Hol, 4:30–6:30pm
Midnight Meal: Daily, 10:30pm–12:30am
Simply to Go: M–F, 5:30am–7pm/Wkd & Hol, 7:30am–6:30pm

Serving Breakfast, Lunch & Dinner

Daily Entree Specials • Soups & Salads
Assortment of Sides • Pizza • Pasta • Sub Sandwiches

Hours of operation and food choices subject to change.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Fitness: Fit2Fight, 6am @ HFC; Alpha Warrior, 10am @ Alpha Rig 1	Youth Center: Family Fitness League, 5pm 2	Fitness: Circuit Training, 6am & 3pm @ HFC 3 A&FRC via zoom: Boots to Business, 9am	A&FRC via zoom: Boots to Business, 9am; Ditching the Dorms, 9am & 7pm 4 Youth Center: Family Fitness League, 5pm	Bowling: Open 1-7pm 5 Youth Center: Teen Night Out, 6pm Cinema: Replicas, 7pm	OAC: Blackwood Canyon Snowshoe Trip, 7am 6 Cinema: The Croods: A New Age, 7pm
DR. SEUSS WEEK AT HUB ZEMKE LIBRARY						
OAC: Squaw/Alpine Resort Ski Shuttle, 7am 7	Fitness: Fit2Fight, 6am @ HFC; Alpha Warrior, 10am @ Alpha Rig 8	Youth Center: Family Fitness League, 5pm 9	Fitness: Circuit Training, 6am & 3pm @ HFC 10	Youth Center: Family Fitness League, 5pm 11	Bowling: Open 1-7pm 12 A&C: Glove Bunny Class, 5pm Youth Center: Tween Night Out, 6pm Cinema: Wonder Woman 1984, 7pm	OAC: Snow Play Day, 8am 13 R&G: Shamrock Shoot, 10am-4pm Cinema: Doolittle, 7pm
OAC: Muir Woods Redwoods Hike, 8am 14 Cinema: Let Him Go, 1pm	Fitness: Fit2Fight, 6am @ HFC; Alpha Warrior, 10am @ Alpha Rig 15	Youth Center: Family Fitness League, 5pm 16	Fitness: Circuit Training, 6am & 3pm @ HFC 17	Youth Center: Family Fitness League, 5pm 18	A&FRC via zoom: Bundles for Babies, 9am; EFMP Orientation, 11am 19 Bowling: Open 1-7pm A&C: Felt "Peep" Bunnies Class, 5pm Cinema: The War with Grandpa, 7pm	OAC: Ternerero Farm Olive Oil Tasting, 12pm 20 Cinema: Shrek: the Final Chapter, 7pm
OAC: Squaw/Alpine Resort Ski Shuttle, 7am 21	Fitness: Fit2Fight, 6am @ HFC; Alpha Warrior, 10am @ Alpha Rig 22	Youth Center: Family Fitness League, 5pm 23	Fitness: Circuit Training, 6am & 3pm @ HFC 24	A&FRC via zoom: Federal Resume Tips, 9am 25 Youth Center: Family Fitness League, 5pm	Bowling: Open 1-7pm 26 Cinema: News of the World, 7pm	OAC: Bodega Bay Crabbing Trip, 6am 27 CAC: Purse Bingo, 6pm Cinema: Wrek it Ralph, 7pm
OAC: West Coast Falconry Experience, 12pm 28	Fitness: Fit2Fight, 6am @ HFC; Alpha Warrior, 10am @ Alpha Rig 29	Youth Center: Family Fitness League, 5pm 30	Fitness: Circuit Training, 6am & 3pm @ HFC 31	<div style="background-color: red; color: white; padding: 5px; display: inline-block;">COLOR RUN, 4pm</div>		
						
						Event dates and times are subject to change. Please visit www.bealefss.com for the latest information. Some events may require advanced registration. Please visit facility pages for more details.



COWABUNGA COCKTAILS IS BACK!

9 FSS will have an adult beverage cart driving through base housing selling specialty cocktails and other adult beverages.

Meet us at the stop closest to your house!
Friday, April 9, starting at 5:05pm.

Alcoholic Beverages

COWabunga Cocktail, \$5

(Cran Blackberry Juice, Ginger Ale, Sparling Cider, Lemon Juice, and Blueberry Vodka)

Seasonal Moo-garita \$5

Jack & Coke, \$5

Beer, \$3

Wine \$3

Spring
Cookies
\$1

Non-Alcoholic

Non-alcoholic Cider Punch

(Cran Blackberry Juice, Ginger Ale, Sparling Cider, Lemon Juice)

Cash recommended! ID is required.

COWabunga Stops

Times are approximate.

- 1 Corner of Texana Way and E Garryanna Dr. 5:05–5:20pm
- 2 Corner of Allegheny Dr. and Tyburn Dr.~5:25–5:45pm
- 3 Corner of Tyburn Dr. and E Garryanna~5:50–6:10pm
- 4 Corner of Danbury Dr. and Tannen Way~6:15–6:35pm
- 5 Corner of Delmar Dr. and Ridge Rd.~6:40–6:55pm
- 6 Middle of Troutman Drive~7–7:15pm
- 7 Corner of Ridge Rd. and Ilex Way~7:20–7:40pm
- 8 Lakeview Drive~7:45pm

If you are driving through housing during this time, please adhere to posted speed limits—a larger number of people will be outside and crossing the street.

You must walk to our COWabunga stops in order to be served alcoholic beverages. We reserve the right to refuse service to anyone.

FIRST CLASS
PRESORTED
POSTAGE & FEES PAID
MARYSVILLE, CA
PERMIT NO. 26

9 FSS Marketing
6249 C Street
Beale AFB, CA 95903