



THE
REDOYE
MAGAZINE

JANUARY 2022

THIS MONTH'S SPOTLIGHT

- NAF Jobs Available, page 4
- Rod & Gun Winter Shoot, page 10
- New Flightline Kiosk, page 22

2022

IS HEALTH AND
FITNESS ONE
OF YOUR
NEW YEAR'S
RESOLUTION?

Check out
these two
incentive
programs
to help
reach
your goal!



See page 2

**HEALTH &
WELLNESS
PROMOTION
FAIR** See page 2



www.BealeFSS.com Your guide to services and events provided by the 9th Force Support Squadron.

HEALTH & WELLNESS PROMOTION FAIR



JANUARY 10

8:30am-2:30pm

HARRIS FITNESS CENTER

Come Join Us!

• WELLNESS INFO

• HELPING AGENCIES

• WEIGHTLIFTING DEMO

• BIGGEST LOSER KICKOFF!

POC: SrA Nunes-Lopez • Open to all base personnel

Harris Fitness Center • 634-2258
www.BealeFSS.com/Harris-Fitness-Center



start date
JANUARY 17

MARCH 18
finish date

WEIGHT LOSS CHALLENGE!

You're on your way to a healthier you!
This self-directed program is designed to encourage individuals to participate in activities that are considered to be beneficial to their health. **GOOD LUCK!** Open to 18 yrs. and older.



- Get your head start during the BEALE HEALTH FAIR, January 10 from 8:30am-2:30pm at the Fitness Center and learn ways to better attain your goal.
- Initial weigh-in is January 10-21, last weigh-in is March 7-17. Open to 18 & older.
- Members will attend outside virtual scheduled classes and practice proper technique.
- Prizes awarded to those that lose the most weight over the eight week period. Winners announced March 18.

Harris Fitness Center • 634-2258
www.BealeFSS.com/Harris-Fitness-Center

Stay Fit With Virtual Instructors!
Wellbeats™
 OFFERED VIA THE FITNESS CENTER KIOSK

JANUARY AEROBICS SCHEDULE

FREE ACCESS!

Monday	Tuesday	Wednesday	Thursday	Friday
3 Family Day 10am: Energy Reboot 3pm: Rock Your Core	4 6am: Kettle Bell 10am: Prenatal 3 3pm: Long & Lean	5 6am: Circuit Training 10am: Rock Your Core 3pm: Let's HITT It	6 6am: Upper Body Express 10am: Postnatal 2 3pm: Tabata Strength	7 6am: Let's HITT It 10am: Gentle Yoga 3pm: Upper Body Express
10 6am: Fit 2 Fight 10am: Tabata Pyramid 3pm: Cardio Blast	11 6am: Cardio Blast 10am: Prenatal 1 3pm: Chisel Flow	12 6am: Circuit Training 10am: HITT Cardio 3pm: Circuit Ladder & Core	13 6am: Total Body Power 10am: Let's HITT It 3pm: HITT & Tabata	14 6am: Body Fueled 10am: Fusion Basic 3pm: Total Body Power
17 Holiday 10am: In the Zone 3pm: Energy Reboot	18 6am: Lean Legs & Core 10am: Prenatal 3 3pm: Long & Lean	19 6am: Circuit Training 10am: HITT Cardio 3pm: Circuit Ladder & Core	20 6am: Upper Body Express 10am: Prenatal 3 3pm: HITT & Tabata	21 6am: Let's HITT It 10am: Fusion Basic 3pm: HITT & Tabata
24 6am: Fit 2 Fight 10am: In the Zone 3pm: Tabata Pyramid	25 6am: Body Factor 10am: Step It Up 3pm: HITT Cardio	26 6am: Circuit Training 10am: Rock Your Core 3pm: Fusion HITT Circuit	27 6am: Kenetic Basics 10am: AMPED 3pm: Crazy Cardio Core	28 6am: Step It Up 10am: Standing Core 3pm: Knee Mobility Leg Strength
31 6am: Fit 2 Fight 10am: Energy Reboot 3pm: Rock Your Core				

Important Information:

Most classes are taught by a virtual instructor via Kiosk at the HFC.
 All classes are first come, first serve (8 max per class)

Aerobics Schedule POC:
SrA Raeven Williams

For all questions or details, please call the Fitness Center at
(530) 634-2258

Become a Federal Employee at Beale AFB

Join the TEAM



CREATE YOUR PROFILE & APPLY ONLINE

@ USA JOBS.GOV

CURRENTLY HIRING*

Recreation Aid • Cook
Custodial Worker

Child & Youth Program Assistant
Guest Services Representative

**Job listing current at time of print*

SCAN THE QR CODE WITH YOUR PHONE TO GO
DIRECTLY TO OPEN POSITIONS AT BEALE AFB



For assistance, email 9FSS.FSMH@us.af.mil.

An Equal Opportunity Employer

Non-Appropriated Fund (NAF) Jobs

Steady Employment | Full-Time, Part-Time & Flex Positions

Benefits*:

Health, Dental & Life Insurance
Awards • 401 (k) Savings Plan
Holiday & Overtime Pay
Shift Differential & Sunday Premium
Night Pay Differential
Worker's/Unemployment Compensation
Military Leave • Administrative Leave
Annual & Sick Leave
Court Leave • Maternity Leave
Family & Medical Leave Act (FMLA)
Leave for Adoption

** Not all benefits available to all positions*

Access to:

Recce Point Club
Hub Zemke Library
Outdoor Adventure Center
Information, Tickets & Travel
Harris Fitness Center
Contrails Dining Facility
Beale Lanes Bowling Center
Youth Center
Child Development Center
Community Center
Arts & Crafts • Auto Hobby
Aero Club • Rod & Gun Club



9TH FORCE SUPPORT SQUADRON

Lt Col, Bobby Hale, *Commander*

Jim Buck, *Deputy Director*

MARKETING

Tiffany Moreno, *Marketing Director*

Ricky Villegas, *Sponsorship*

Tom Tennes, *Visual Information*

Cathy Rodgers, *Visual Information*



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The **RECCE MAGAZINE** is published monthly by the Beale AFB 9th Force Support Marketing Department. Contents of the RECCE Magazine are not necessarily the official views of, or endorsed by, the U.S. Government, the DoD, or the Department of the Air Force. The appearance of advertising in this publication does not constitute endorsement by the federal government.

ALL PROGRAMS, DATES AND TIMES ARE SUBJECT TO CHANGE.

For information regarding advertising in the Recce Magazine or to sponsor a program or event contact: 9th Force Support Marketing Office
6249 C Street, Beale AFB, CA 95903
530.634.5407/634.2283



www.BealeFSS.com



www.facebook.com/Beale9FSS



www.instagram.com/Beale9FSS

We're as close as your laptop or phone.



Find this and recent Recce Magazines online at www.bealefss.com.



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UNIVERSITY**
MILITARY



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NOW GET THE EDUCATION YOU'VE EARNED

Golden Gate University's commitment to military-connected students includes flexible programs, a supportive community, and specialized coaching services to help you make the most of your education benefits—including **BAH for San Francisco!**

Study online or in-person at
our San Francisco campus
MILITARY.GGU.EDU





BIGGEST LOSER

BINGO

January 6 • 5:30pm

Recce Point Club

Club Member \$10/Non-Member \$15 (17 & older)

Price includes 12-pack bingo cards

Extra cards – \$5/Daubers – \$2

Prizes include a 2-in-1 elliptical machine & stationary bike with seat and easy computer.

Register on SignUpGenius or call for details, 634-2833.

Recce Point Club • 634-2833

www.BealeFSS.com/Club • www.facebook.com/ReccePointClub



**JANUARY 22
2-6PM
COMMUNITY CENTER**

**\$2.50 (18 months–9 years)
\$5 adult Club Members**

**\$3.50 (18 months–9 years)
\$7.50 adult non-members**

Dress as your favorite prince or princess and enjoy refreshments, photos & dancing.

*Sign up by
January 21 on
SignUpGenius.*

*Call for
details
634-3140.*



Community Center • 634-3140

www.BealeFSS.com/Community-Center • www.facebook.com/BealeCAC



Gold Country Brew Tour

~ Session One ~

These sessions are designed to introduce beer lovers to some of the best craft breweries in the Gold Country. Our first session will visit Three Forks Brewing Company, Ol' Republic Brewery, and Grass Valley Brewing Company.

January 1 • 11am-6pm

\$20 (transportation) Sign up by December 28



Tahoe Ski Shuttle

We will deliver you and your gear to Palisades Tahoe (formerly Squaw/Alpine) where you can enjoy an epic day of skiing or boarding down the slopes.

January 9 & 23 • 7am-8pm

\$10 (transportation) Sign up by Tuesday prior.

Outdoor

'ADVENTURE'

YOUR OUTDOOR ADVENTURE BEGINS WITH US!



WE HAVE A COMPLETE LINE OF WINTER GEAR SERVICES!

Tune-ups, Waxing, Binding Mount, Testing & Repairs, and more!

NEED SNOW GEAR?

We rent ski bibs, jackets, skis, snowboards, boots, helmets, & winter toys.

CHECK OUT THE RETAIL SHOP FOR DEALS ON CLOTHING AND GEAR!



Snow Play Day

~ Great Family Trip! ~

Sled down a hill, build a snowman, make a snow angel or engage in a friendly snowball fight. Snow toys will be provided.

January 16 • 8am-3pm

\$10(transportation) Sign up by January 10



Old Town Sacramento Trip

Old Town Sacramento has a unique history and some fun experiences to offer. Take a tour of the underground and stroll through the shops. There's so much to do!

January 29 • 12-5pm

\$15 (transportation) Sign up by January 25





Barry Kirshner Wildlife Sanctuary
This sanctuary is home to a remarkable variety of non-releasable, endangered, and exotic live animals.
January 2 • 7:30am–3:30pm
\$40 (transportation/admission) • **Sign up by December 28**

Lake Tahoe Snowmobiling
See the beauty of Lake Tahoe on this unique adventure. Enjoy the speed of the snowmobiles, as we travel down the mountain for a hot beverage.
January 8 • 7am–5pm
\$110 (trans./snowmobile rental) • **Sign up by December 28**

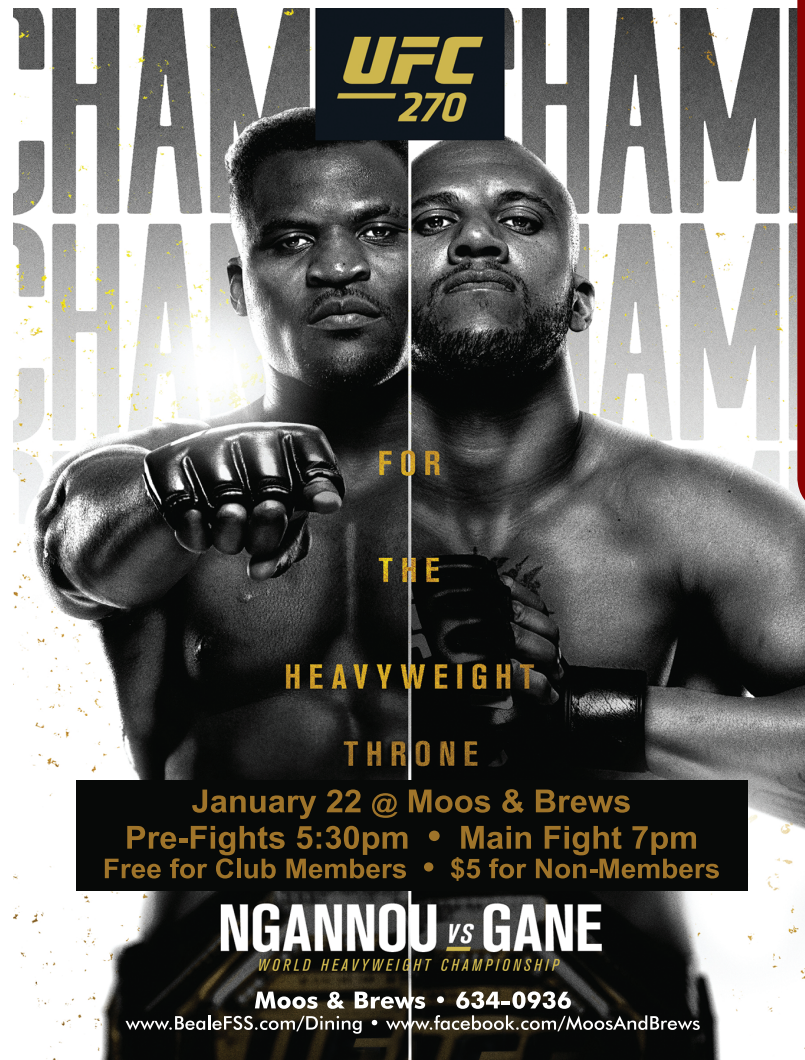
Hard Rock Casino Shuttle
The new Hard Rock Casino is right out our back door. Gather some friends together for a fun night enjoying drinks and games!
January 15 • 6–10pm
\$15 (transportation) • **Sign up by January 10**

California State Capitol Museum
The State Capitol grounds are filled with unique trees and plant life from around the world. Afterwards we'll go inside the capitol.
January 22 • 2–6pm
\$15 (transportation) • **Sign up by January 18**

A Visit to Fairytale Town
If you enjoy all the old storybook tales, then you will love this trip. There are interactive attractions and fun activities for everyone.
January 30 • 9am–3pm
\$17.50 (transportation/admission) • **Sign up by January 25**

Tickets for these trips must be purchased from ITT, located in the Community Center.

Information, Tickets, & Travel • 634-4882
www.BealeFSS.com/Information-Tickets-Travel
www.facebook.com/BealeITT



UFC 270

FOR THE HEAVYWEIGHT THRONE

January 22 @ Moos & Brews
Pre-Fights 5:30pm • Main Fight 7pm
Free for Club Members • \$5 for Non-Members

NGANNOU vs GANE
WORLD HEAVYWEIGHT CHAMPIONSHIP

Moos & Brews • 634-0936
www.BealeFSS.com/Dining • www.facebook.com/MoosAndBrews

Finish your Bachelor's Degree in **2 Years or Less!**

**CCAF degree guaranteed to cover
AT LEAST HALF of the required degree credits!**

BAS in Technology & Management



Air University AU-ABC
Category 1 Partner



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Oregon **TECH**

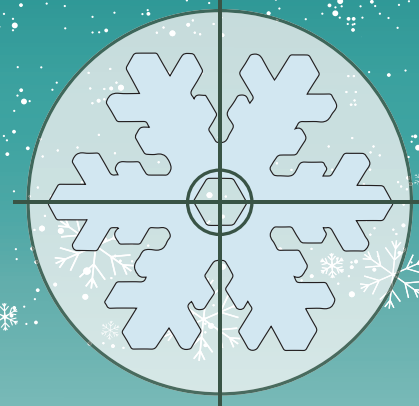
Oregon Institute of Technology

Jeff Smith
USAF, Retired

Want more Info?

USAF@oit.edu
oit.edu/au-abc

WINTER SHOOT



January 22 • 11am-3pm

PISTOL COMPETITION

3-shot grouping at
10 yds, 15 yds, and 25 yds.

RIFLE COMPETITION

3-shot grouping at
50 yds, 75 yds, and 100 yds.

PRIZES FOR THE TOP PERFORMERS!

Bring your own firearms or rent one of ours. Scoping allowed for rifle event.

Please register by January 21.

Cost: \$15 per event or \$25 for both

ALSO

CONCEALED CARRY WEAPON PERMIT CLASS

January 30 • 8:30am-5:30pm • Course fee [includes range time & lunch]: Initial - \$125 / Renewal: \$80
Optional permits available from instructor. Valid in Nevada, Placer & Yuba/Sutter Counties.

Rod & Gun Club • 788-2473 • www.bealefss.com/Rod-n-Gun



MONTE CARLO

B O W L I N G

KNOCK DOWN MULTI-COLORED PINS TO WIN CASH!

JANUARY 8 • 7PM

9-Pin No-Tap | Bowl 3 Games | Entry fee \$16

Limited to the first 24 paid entrants. Paid reservations required.

BEALE LANES

BOWLING CENTER

**** NEW BOWLING HOURS ****

MONDAY-THURSDAY, 12-7PM • FRIDAY/SATURDAY, 12-9PM

**No Open Lanes on Thursdays due to leagues. Due to COVID restrictions, lane availability is limited. Please call ahead.*

www.facebook.com/BealeLanes **Beale Lanes Bowling • 634-2299** www.bealefss.com/beale-lanes/



**MARTIN
LUTHER KING JR.**

DAY

JANUARY 17 • 12-8PM

\$2 GAMES ALL DAY | \$3.25 SHOES

GLOW BOWLING!

Every Friday & Saturday • 6-9pm

\$15 UNLIMITED BOWLING, INCLUDING SHOES!

Hub Zemke Library

WINTER READING CHALLENGE

January 1–31

Age categories:

0-5, 6-11, 12-17, 18+

Most minutes read in each
age group wins:

First place \$50 gift card

Second place \$25 gift card

Third place \$10 gift card

Sign up in-person or on our website
www.bealefss.com/hub-zemke-library
under "Beanstack". Winners will
be announced February 3 on Facebook.

*Age category 0-5, parents or older siblings
can read to the child for credit (visual
reading only – no audiobooks).*

"FROZEN" STORY TIME

January 13
4:30pm

Join us for a
winter-themed
story time and visit
from Frozen's Elsa!

JANUARY KIDS CRAFT BAGS

Reserve yours by
emailing [hzlstaff@
gmail.com](mailto:hzlstaff@gmail.com) to
coordinate pick up.

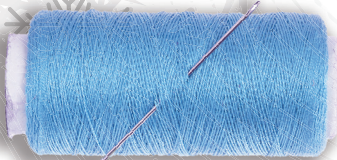
HUB AT THE PUB PRESENTS "NATIONAL SPOUSES DAY"

January 28 • 5:30pm • Moos & Brews

*This holiday celebrates the bond between two
people and sets aside time for couples to show
each other gratitude. Life gets busy, and we can
often take for granted how our spouse improves
our life. Since the day is a non-gift giving day,
spend time together and reconnect.*

Grab a drink, some grub, and join us for some
couples trivia. Try the Love Potion drink special
and receive a rose for your special someone.
Limit one rose per couple.

ARTS & Crafts



Sewing Class

January 13 • 1-4pm

\$10

Learn basic sewing by creating a standard pillow case. Cost covers all supplies and sewing machine use. Pick up your list of fabric by January 7.



Beach Scene Charcuterie Board Resin Pouring Class

January 12 • 4pm or January 19 • 3pm

\$65

Learn another-resin pouring technique! Create a traditional-colored beach scene or pick the colors your heart desires. Limited to 4 per class so sign up early, deadline for registration is the Thursday prior to class.

ACTIVITY COLOR LEGEND

- Character/Leadership
- The Arts • Health/Life Skills
- Education/Career
- Sports & Fitness
- Special Events • Clubs



**JANUARY 2022
ACTIVITIES CALENDAR**

BEALE YOUTH CENTER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Family Day <i>Closed for the day.</i>	4 Art: BGCA Contest Group Project Mural Gym Games week TORCH & KEYSTONE CLUB	5 4-H Project Flip-it Fitness Bird Houses	6 PASSPORT TO MANHOOD Chess Cafe SMART GIRLS	7 REP CLUB - Intro TWEEN NIGHT OUT "Let's Make A Deal!" Dress Crazy! 6-9pm • 9-12yrs \$10 mem./\$15 non-mem.
10 New Year's Resolution Chain Basketball week KEYSTONE CLUB	11 Event Planning TORCH CLUB	12 4-H Project Basketball Clinic Wind Boats	13 PASSPORT TO MANHOOD SMART GIRLS	14 REP CLUB: Film/Interviews Final Basketball Game TEEN SHOPPING 4:30-8:30pm • 13-18yrs \$5 mem./\$7 non-mem.
17 MARTIN LUTHER KING, BIRTHDAY <i>Closed for the holiday.</i>	18 Scooter Games Art Lessons Duct Tape Art TORCH & KEYSTONE CLUB	19 4-H Project Flip-it Fitness Animal Watchers TEEN COUNCIL	20 PASSPORT TO MANHOOD Chess Cafe SMART GIRLS	21 REP CLUB: Edit & Proofread
24 Boondoggling Spirit Mind & Body KEYSTONE CLUB	25 Event Planning Art Lessons TORCH CLUB	26 4-H Project Flip-it Fitness Pin Wheels	27 PASSPORT TO MANHOOD SMART GIRLS	28 REP CLUB: Monthly Show!
31 HAPPY NEW YEAR	BEALE AIR FORCE BASE  YOUTH PROGRAMS	 www.facebook.com/BealeChildandYouthPrograms	Activities start at 2:30pm Clubs start at 3:30pm	

WHO WILL BE THE NEXT YOUTH OF THE YEAR?



THE BEALE YOUTH CENTER IS LOOKING FOR THE NEXT YOUTH OF THE YEAR!

If you have outstanding leadership, service, academic excellence and dedication to living a healthy lifestyle then YOU could be the next Youth of the Year!

If selected locally, you will receive a yearly Youth Programs Membership and your choice of Apple headphones, Smart Watch, or Nintendo Switch.

You will then move on to compete at the state level and may proceed onto the regional level for a chance to win \$20,000 in scholarships!



For more information, please contact Clarome Teria at (530) 634-4953 or visit <https://www.bgca.org/programs/youth-of-the-year>

JOIN US FOR SATURDAY MOVIE NIGHT AT THE INDEPENDENCE CINEMA

Doors open at 6:30pm • SHOWTIME at 7pm

**** FEATURING ****



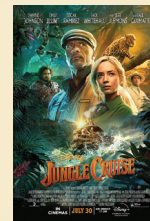
January 8



PAW PATROL

Rated G

January 22



JUNGLE CRUISE

Rated PG-13

Reservations are no longer required, however, due to social distancing the theater can accommodate no more than 50 patrons. First come, first served.



Independence Cinema • 634-3140
www.BealeFSS.com/Independence-Cinema



Drs. Insiya & Raj Zanzi



*"A Healthy Smile
is A Beautiful Smile!"*
We Welcome Beale AFB Families

- **WE ACCEPT MILITARY INSURANCE**
- Evening & Saturday Appointments Available
- New Patients & Emergencies Welcome
- Flexible Payment Plans
- Crowns, Root Canals, Implants, Veneers and Dentures
- Digital X-rays, IntraOral Camera, Massage Chairs, and NETFLIX
- Braces & INVISALIGN for adults & kids



Gentle Family & Cosmetic Care

Raj Zanzi, DMD • Insiya Zanzi, DDS
Allen Sanders, DDS (Orthodontics)



916-797-0825



1424 Blue Oaks Blvd., Roseville (Hwy 65 & Blue Oaks exit)

www.12BridgesDental.com

Paid Ad. No Federal Endorsement of Advertisers Intended.

\$50 CREDIT
Towards Dental Work
(Excluding exam, x-rays, cleaning & deductible)*
New patients only, one per family
*Not valid with any other offer.
Expires: January 31, 2022

Take your first step to getting your pilot license.

PRIVATE PILOT GROUND SCHOOL

Classes forming in January • \$620

Open to both Military & Civilians



This 10-week course encompasses Aircraft Systems, Aerodynamics, Airport Layouts & Markings, Communications & Navigation, Physiology, Weather Regulations, and Cross-Country Planning. Ask about R4R discounts for Single Airmen and Deployed Affected.

YUBA COUNTY AIRPORT
Fleet Location
1364 Sky Harbor Dr. Olivehurst, CA

Aero Club • (530) 749-7696
www.BealeFSS.com/Aero-Club www.facebook.com/BealeAeroClub

Classes and Workshops

JANUARY

Via Zoom!

Call 634-2863 to register and receive your Zoom invitation.

Ditching the Dorms

JANUARY 6 • 7-8:30pm

This class provides important information & resources to Airmen preparing to move out of the dorms.

Car Buying Workshop

JANUARY 10 • 7-8pm

Class designed to increase the knowledge of those looking to purchase a new/used vehicle. Learn about the purchase process, financing options and so much more.

Federal Resume Tips

JANUARY 27 • 9-11am

A workshop for those interested in federal job opportunities and federal resumes tips.

In-person Classes!

Classes are held at the A&FRC. Call 634-2863 to register.

Bundles for Babies

JANUARY 21 • 9am-12pm

A class focusing on budgeting for your baby from conception to college. Plus, information available on other programs.

In-person Classes!

Ditching the Dorms

JANUARY 6 • 9-10:30am

Provides important information & resources to Airmen preparing to move out of the dorms.

Retirement Planning Starter

JANUARY 10 • 9-10am

Meets financial touchpoint requirement for Airmen, mandatory prior to reaching two years of service.

Car Buying Workshop

JANUARY 10 • 11am-12pm

Designed to increase the knowledge of those looking to purchase a new/used vehicle.

Single Parent Network

JANUARY 11 • 11am-12pm

A support group for single parents offering information and valuable resources.

CAL TAP

JANUARY 20 • 8am-4pm

Learn about your unique California Veteran's benefits.

Home Buying Workshop

JANUARY 27 • 9-10am

Tips and information for first-time home buyers and refresher for repeat home buyers.

The Beale Child Development Center is looking for Early Childhood Professionals, entry through leadership levels!



Employment offers:

Great Starting Wages • Accredited Education & Training
Military Spouse Preference • Good Benefits
Guaranteed 20 Hours per Week

HOW TO APPLY

Log on to www.usajobs.gov and create an account.
Search KEYWORD: **Child and Youth Program Assistants**
Enter LOCATION: **Beale AFB**
Follow direction to apply and wait for a response.

FOR ASSISTANCE

Email: 9FSS.FSMH@us.af.mil
or call Beale NAF Human Resources at **530-634-2240**

www.BealeFSS.com/NAF • www.facebook.com/BealeFSS

Child Development Center • 634-4717

www.BealeFSS.com/CDC • www.facebook.com/BealeYouthPrograms

EFMP & RESPITE CARE PROGRAM

Receive 40 hours per month of free child care for military families with a disabled child.



If your child has a disability, your family may qualify to be Q Coded and registered with the EFMP program with the Air Force.

If you are verified as an EFMP family, you can qualify for Respite Care for the child with a disability, and for all the siblings as well. The hours and the respite care providers are scheduled monthly through the FCC Coordinator.



Contact the FCC Coordinator at 530-634-4418 or 9FSS/FSFF@us.af.mil for Respite Care.

To learn more about the EFMP Program, please contact **Kim Hogue** at kimberly.hogue.1@us.af.mil or the EFMP Medical Specialist, **Melissa Gardner** at melissa.gardner.ctr@us.af.mil.

EXPANDED CHILD CARE

Family Child Care needs YOU!

If you love children, this is an opportunity that can't be missed!

- All training provided
- Work out of your own home
 - Set your own hours
 - Toys & equipment provided by the Air Force
 - Build your resume
 - Set your own rules
- Provide much needed help to service members and their children

Contact the FCC office to start your application process today!



Family Child Care • 530-634-4418
9FSS/FSFF@us.af.mil



MILITARY SPOUSE APPOINTMENT CARE

A NEW TYPE OF EXPANDED
CHILDCARE IS BEING OFFERED IN OUR
FAMILY CHILD CARE HOMES!

ELIGIBILITY REQUIREMENTS FOR THE PROGRAM

- Spouse of Military Member.
- Active Duty or Reserve/Guard in activated status.
- Sponsor must be at work, on directed crew rest, or must attend the appointment with the spouse.
- No other adult in the household available to provide care.
- Spouse must be attending an approved appointment.

*An ECC form with the active duty members supervisor's signature along with verification of an appointment is needed to qualify.



EXAMPLES OF APPROVED APPOINTMENTS ARE:

- Medical appointments
- Classes offered by:
 - Airmen & Family Readiness Center
 - Chaplain & Family Advocacy
 - Medical Agencies

EMPLOYMENT OPPORTUNITIES

- Job interviews
- Initial job training/new employee orientation

(Volunteer opportunities are not an approved appointment)

All requests must be turned into the Beale Family Child Care Coordinator at least **72 hours** in advance of appointment.

Requests can be sent to:
✉ BealeFCC@gmail.com

Family Child Care • 530-634-4418
9FSS/FSFF@us.af.mil



Recce U Professional Development

FOR MORE INFORMATION ABOUT PROFESSIONAL DEVELOPMENT OPPORTUNITIES, PLEASE CONTACT YOUR RECCE U TEAM

Career Assistance Advisor

SMSgt Anthony "Hawk" Hawkins
anthony.hawkins.1@us.af.mil • 634-3644

Wing Professional Development NCOIC

SSgt William Everard
william.everard@us.af.mil • 634-4747

FTAC NCOIC

SSgt Mary Senko
mary.senko@us.af.mil • 634-4747



KEEP IT REAL

A realistic approach to functional fitness for the military retiree community.

The Beale and Travis Retiree Activities Offices invite military retirees and family members to a special presentation by Dale Collins on a fitness program adapted to the real needs of older people—activities that give confidence and skill in meeting the needs of daily living.

JANUARY 18 · 6PM

INCREASING YOUR EXERCISE PROGRAM/WORKING WITH INJURIES

Beale Retiree Activities Office
 (530) 634-2157

bealerao@gmail.com, www.facebook.com/bealeretireeactivitiesOffice

Travis Retiree Activities Office
 (707) 424-3904

raotravis@yahoo.com, www.facebook.com/travis-AFB-Retiree-Activities

DALE COLLINS is an Exercise Physiologist and the Health Promotion Manager for the 9th Medical Group at Beale AFB. In this presentation, Dale will highlight changes in our nutritional needs as we age and how we can adjust to maintain good health.



YOU ASK, WE LISTEN!
Your feedback is important to us.

Suggestions and feedback help us make improvements and address issues.



We also love recognizing excellent service!



BEALE AFB ICE SITE



Visit ice.disa.mil to leave comments about any of our FSS facilities. A manager will respond to your feedback if you leave your contact information.



ice.disa.mil

Anyone Can Dine! **FAMILY, FRIENDS and CO-WORKERS**

Remember everyone is
eligible to dine at the
EXCHANGE





DRAGON'S LAIR

New Flightline Kiosk
Bldg 1060 (Base Ops)

Monday-Friday • 6am-8pm

Breakfast • 6-8am



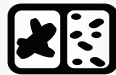
Lunch • 10:30am--1:30pm



Dinner • 4:30-7pm



Simply-to-Go • 6am-8pm



Dragon's Lair • 634-2537

www.BealeFSS.com/Dining • www.facebook.com/FLYDiningBeale



QUICK GLANCE FOOD GUIDE

Spare Time Grill

Serving Breakfast & Lunch

Monday-Friday, 7am-2pm

Breakfast Platters • Breakfast Burritos • Pancakes
French Toast • Biscuits & Gravy

~ Limited Lunch Menu ~

Sandwiches • Pizza

Salads • Appetizers • Beer & Wine



Serving Lunch

Wednesday-Friday, 11am-1pm

WEDNESDAYS: Steak Sandwich

THURSDAYS: Pulled Pork Sandwich

FRIDAYS: Chili Dogs & Hot Dogs



CONTRAILS RESTAURANT

Serving Breakfast, Lunch & Dinner

See current hours on page 25.

Daily Entree Specials • Soups & Salads

Assortment of Sides • Pizza • Pasta • Sub Sandwiches

Hours of operation and food choices subject to change.



OPEN

WED-SUN: 11AM-7PM
BAR OPEN UNTIL 9PM FRI. & SAT.
FORMERLY COYOTE PUB & GRILL
LOCATED ON RIGHT SIDE
BEHIND THE RECCE POINT CLUB

BURGERS/SANDWICHES

- Moo Burger
- Cheesy Moo Burger
- Bacon Moo Burger
- Spicy Moo Burger
- BBQ Moo Burger
- Double Moo Burger



- Crispy Chicken Sandwich
- Grilled Chicken Sandwich
- Spicy Black Bean Burger
- BLT
- Club Sandwich
- Pulled Pork Sandwich

FIT EATS

- Chef Salad
- Large Garden Salad
- Healthy Moo Burger
- Turkey Wrap

KIDS MEAL

Served with a drink, and choice of fries, carrots & celery, or fruit cup
 Moo Burger, Cheesy Moo Burger, Hot Dog, Chicken Nuggets (4), Grilled Cheese Sandwich, or Individual Cheese or Pepperoni Pizza

MILKSHAKES

- Chocolate, Vanilla or Strawberry
- Black & White (cookies & cream)
- Black Cow (ice cream w/root beer)



**Milkshakes not ESM approved*

Menu also includes an assortment of appetizers, pizzas and side items

Friday Pizza Special
Fridays • 3-7pm

Large 2-Topping Pizza
+ 2 Fountain Sodas

\$12



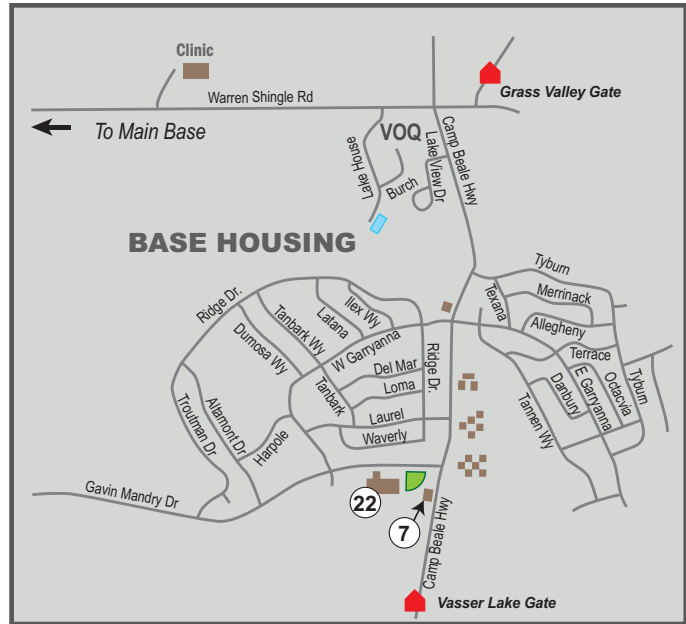
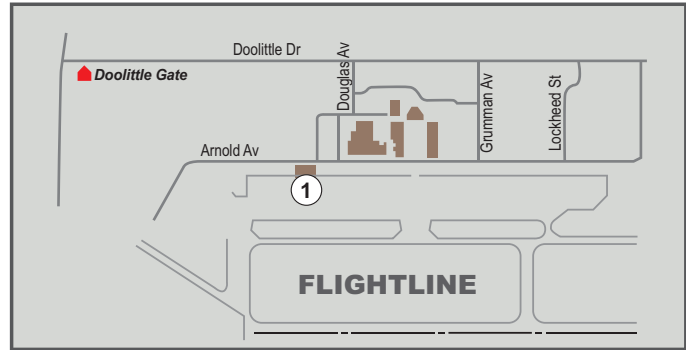
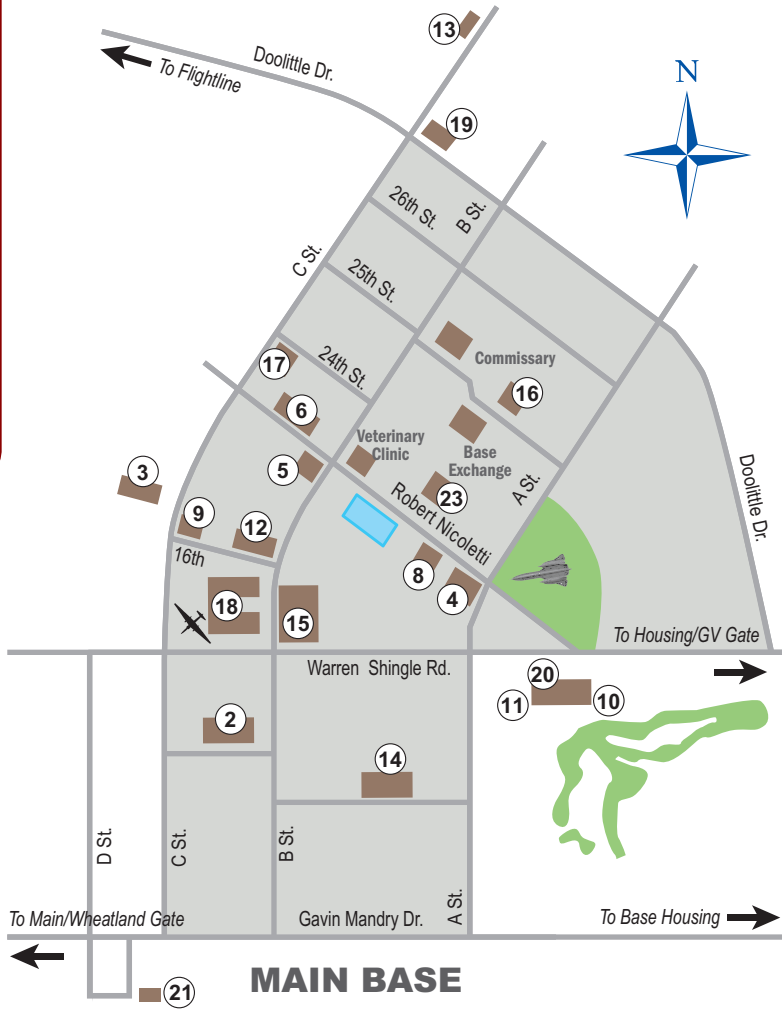
Friday Pizza Special

Dine-in or To Go
 @ Moos & Brews

Call-in orders
 at 634-0936.

Moos & Brews • 634-0936

www.BealeFSS.com/Recce-Point-Club www.facebook.com/ReccePointClub



9 FSS HOURS OF OPERATION

- | | | |
|---|---|---|
| <p>1 Aero Club Flight Training 530-749-7696
1232 Arnold Street
9am–2pm M–Th
Aero Club Members 24/7
Closed holidays</p> | <p>9 Contrails (DFAC) 634-2537
17853 16th Street
Simply to Go: 5:30am–7pm M–F
Simply to Go: 7:30am–6:30pm Wkd/hol/fam day
Breakfast: 5:30–8am M–F
Breakfast: 7:30–9am Wkd/hol/fam day
Lunch: 10:30am–1:30pm Daily
Dinner: 4:30–7pm M–F
Dinner: 4:30–6:30pm Wkd/hol/fam day
Midnt Meal: 10:30pm–12:30am Daily/fam day/hol</p> | <p>17 Marketing Office 634-5407
6249 C Street
8am–4:30pm M–F
Closed weekends/holidays/family days</p> |
| <p>2 Airman & Family Readiness 634-2863
17800 B Street
7:30am–4:30pm M,T,Th,F
7:30am–1:30pm W
Closed weekends/holidays/family days</p> | <p>12 Education Center 634-2525
17849 16th Street
8am–3pm M–F
Closed weekends/holidays/family days</p> | <p>11 Moos & Brews (Formerly Coyote Pub & Grill) 634-0936
17440 Warren Shingle Road
11am–7pm W–Sun
Bar open until 9pm F & Sat
Closed holidays</p> |
| <p>3 Airman Leadership School 634-3332
2401 C Street
7:30am–4:30pm M–F
Closed weekends/holidays/family days</p> | <p>13 Fam Camp 634-3382
220 Cedar Lane
9am–12pm/1–4:30pm M–F
0900-1200 Sat
(Contact Camp Host) Sat, Sun, Hol</p> | <p>18 NAF Human Resources 634-2240
17852 16th Street
7am–4pm M–F
Closed weekends/holidays/family days</p> |
| <p>4 Arts & Crafts Center 634-2294
17651 Warren Shingle Road
9am–4pm Tu–F
Closed weekends/holidays</p> | <p>14 Gold Country Inn 634-2953
24112 A Street
Open 24/7</p> | <p>23 Omni Fitness Center 634-2258
5am–10pm M–F
8am–5pm Wkd/hol/fam days</p> |
| <p>4 Auto Hobby Center 634-2296
17651 Warren Shingle Road
7am–6pm M–F
9am–5pm (no mechanic) Sat
Closed Sundays/holidays</p> | <p>7 Family Child Care 812-3117
5190 Camp Beale Hwy, Bldg. 3308
By appt. M–F</p> | <p>19 Outdoor Adventure Center 634-2054
17630 Doolittle Drive
9am–5pm M–F
9am–1pm Sat/Fam Days
Closed Sundays/holidays</p> |
| <p>5 Beale Lanes 634-2299
17800 Robert Nicoletti Way
NEW HOURS!
1–7pm M–Th
12–9pm F–Sat
Closed Sundays–holidays/family days</p> | <p>15 Harris Fitness Center 634-2258
2418 B Street
5am–10pm M–F
8am–5pm Wkd/hol/fam days</p> | <p>20 Recce Point Club 634-2833
17440 Warren Shingle Road
Office hours: 7:30am–4:30pm M–F
Closed weekends/holidays/family days</p> |
| <p>6 Child Development Center 634-4717
18000 Robert Nicoletti Way
7am–5pm M–F
Closed weekends/holidays</p> | <p>16 Independence Cinema 634-3140
25th Street, Bldg. # 2474
(Doors open 30 min. prior) 7pm Sat
8am–6pm M–Th
8am–4pm F
9am–2pm Sat
Closed Sundays/holiday/family days</p> | <p>21 Rod & Gun Club 788-2473
7950 D Street
9am–4pm W–Sun
Closed holidays</p> |
| <p>7 Child/Youth Resource Center 634-4418
5190 Camp Beale Hwy, Bldg. 3308
9am–3pm M–F
Closed weekends/holidays/family days</p> | <p>8 Information, Tickets, Tours 634-4882
17700 Robert Nicoletti Way
12am–5pm M–F
Closed weekends/holidays</p> | <p>5 Spare Time Grill 634-2304
17800 Robert Nicoletti Way
7am–2pm M–F
Closed Weekends/holidays/family days</p> |
| <p>8 Community Center 634-3140
17700 Robert Nicoletti Way
12–8pm M–F
12–6pm Weekends
Closed holidays</p> | <p>10 Venture Park 788-0192
17440 Warren Shingle Road
11am–6pm W–Sun</p> | <p>22 Youth Programs 634-4953
15160 Gavin Mandry Drive
Office: 6:15am–6pm M–F
School-Age: 6:15am–6pm M–F
Open Rec: 6:15am–6pm (1pm on school breaks) M–F
Closed weekends/holidays/family days</p> |

COPY, PRINT & DESIGN CENTER

9 FSS MARKETING OFFICE · 6249 C STREET, BLDG 2440
 634-5407 · 9FSS.FSK@US.AF.MIL · WWW.BEALFSS.COM

COPY AND PRINT SERVICES

QUANTITY	LETTER*				LEGAL				11x17			
	BLACK/WHITE		COLOR		BLACK/WHITE		COLOR		BLACK/WHITE		COLOR	
	1 SIDE	2 SIDE	1 SIDE	2 SIDE	1 SIDE	2 SIDE	1 SIDE	2 SIDE	1 SIDE	2 SIDE	1 SIDE	2 SIDE
1-100	.10	.15	.25	.35	.15	.25	.30	.40	.25	.35	.40	.50
100+	.08	.13	.23	.33	.13	.23	.28	.38	.23	.33	.38	.48

*CARD STOCK - ADD .10 PER SHEET

POSTERS

UNMOUNTED		MOUNTED**	
24"x36"	18"x24"	24"x36"	18"x24"(2)*
\$25	\$15	\$40	\$45

*2 IMAGES ON 24"x36", CUT IN HALF MIX OR MATCH.

**LAMINATED ON 1/4" FOAM CORE BOARD

BUSINESS CARDS

200	\$15***
500	\$25***

***FILE MUST BE PRINT-READY.

SIMPLE BUSINESS CARD DESIGN: \$25

OTHER SERVICES

BANNERS			NEW PRICES!		
WATERPROOF CANVAS	24"x4'	\$23	LAMINATING	LETTER	.50
WATERPROOF CANVAS	24"x6'	\$28	LAMINATING	11x17	\$1
WATERPROOF CANVAS	24"x8'	\$33	SPIRAL BINDING	CALL FOR QUOTE	
INCLUDES UP TO 6 GROMMETS.			FOLDING	CALL FOR QUOTE	
			CUSTOM GRAPHIC DESIGN	\$50 PER HOUR	

NOTE: FILE(S) MUST BE PRINT-READY. ADDITIONAL CHARGES IF ARTWORK NEEDS MANIPULATION.

LARGE FORMAT PRINTING



- POSTERS OPTIONAL FOAM CORE MOUNTING
- BANNERS WEATERPROOF CANVAS

COPY/PRINTING SERVICES



- BLACK & WHITE OR COLOR
- BUSINESS CARDS
- BROCHURES, MANUALS & PROGRAMS

DESIGN SERVICES



- PROFESSIONAL & EXPERIENCED GRAPHIC DESIGNERS
- SIMPLE TO COMPLEX

OTHER SERVICES



- LAMINATING
- CUTTING & FOLDING
- BINDERY SERVICES

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday




Event dates and times are subject to change. Please visit www.bealefss.com for the latest information. Some events may require advanced registration. Please visit facility pages for more details.

January



Winter Reading Challenge
all month at
Hub Zemke Library

Bowling: Glow Bowl, 6pm
Youth: 'Tween Night Out "Let's Make a Deal", 6pm
OAC: Gold Country Brewery Tour (Session 1), 11am

<p>ITT: Barry Kirshner Wildlife Sanctuary, 7:30am 2</p> <p>Fitness: Beale's Biggest Loser, Jan 2-Feb 27</p>	<p>3</p> <p style="text-align: center;">Family Day</p>	<p>4</p> 	<p>5</p>	<p>A&FRC: Ditching the Dorms, 9am/7pm (via Zoom) 6</p> <p>Club: Biggest Loser Bingo, 5:30pm</p>	<p>Bowling: Glow Bowl, 6pm 7</p>	<p>Bowling: Glow Bowl, 6pm 8</p> <p>Cinema: Paw Patrol, 7pm</p> <p>Bowling: Monte Carlo, 7pm</p> <p>ITT: Snowmobiling, 7am</p>
<p>OAC: Ski Shuttle, 7am 9</p>	<p>A&FRC: Retirement Planning Starter, 9am 10</p> <p>A&FRC: Car Buying Class, 11am/7pm (via Zoom)</p> <p>Fitness: Health Fair/Biggest Loser Kick-off, 8:30am</p>	<p>A&FRC: Single Parent Network, 11am 11</p>	<p>Arts & Crafts: Beach Scene Resin Pouring Class, 4pm 12</p>	<p>Arts & Crafts: Sewing Class, 1pm 13</p> <p>Library: "Frozen" Story Time, 4:30pm</p>	<p>Bowling: Glow Bowl, 6pm 14</p> <p>Youth: Teen Shopping, 4:30-8:30pm</p>	<p>Bowling: Glow Bowl, 6pm 15</p> <p>ITT: Hard Rock Casino Shuttle, 6pm</p>
<p>OAC: Snow Play Day, 8am 16</p>	<p>Bowling: Martin Luther King Day Bowling, 12pm 17</p> <p style="text-align: center;">Martin Luther King, Jr. Day Holiday</p>	<p>18</p> 	<p>Arts & Crafts: Beach Scene Resin Pouring Class, 3pm 19</p>	<p>A&FRC: CAL TAP, 8am 20</p>	<p>Bowling: Glow Bowl, 6pm 21</p> <p>A&FRC: Bundles for Babies, 9am</p>	<p>ITT: CA State Capitol Museum, 2pm 22</p> <p>Comm Ctr: Royal Court Ball, 2pm</p> <p>Bowling: Glow Bowl, 6pm</p> <p>Cinema: <i>Jungle Cruise</i> (Rated PG-13), 7pm</p> <p>Moos & Breds: UFC 270, 7pm</p> <p>Rod & Gun: Winter Shoot, 11am</p>
<p>OAC: Ski Shuttle, 7am 23</p>	<p>24</p>	<p>25</p> 	<p>26</p>	<p>A&FRC: Federal Resume Writing, 9am (via Zoom) 27</p> <p>A&FRC: Home Buying, 9am</p>	<p>Bowling: Glow Bowl, 6pm 28</p> <p>Library: HUB at the Pub Presents "National Spouses Day," 5:30pm at Moos & Breds</p>	<p>OAC: Downtown Sacramento, 12-5pm 29</p> <p>Bowling: Glow Bowl, 6pm</p>
<p>Rod & Gun: Concealed Carry Weapon Class (CCW), 8:30am 30</p> <p>ITT: Fairytale Town, 9am</p>	<p>31</p>					



February Snapshot

Fitness Center
Wellbeats Virtual Fitness

Moos & Brews
**Texas Hold 'Em
UFC Fight Night**

Outdoor Adventure Center
**Tahoe Ski Shuttle
Snow Tubing**

Beale Lanes Bowling
Monte Carlo Bowling

Library
Winter Reading Challenge

Rod & Gun Club
Cupid's Challenge Shoot

Youth Center
**Teen Snow Play Day
Valentine Tween Night Out**

Arts & Crafts Center
Valentine Balloon Bouquet Special

For updates and more details, follow us at
www.Facebook.com/Beale FSS

FIRST CLASS
PRESORTED
POSTAGE & FEES PAID
MARYSVILLE, CA
PERMIT NO. 26

9 FSS Marketing
6249 C Street
Beale AFB, CA 95903