



# Back TO SCHOOL

**DORM  
FREE BOWLING  
NIGHT**

FRIDAY, AUGUST 13  
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**BEALE  
SPORTS  
DAY**

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FRIDAY, AUGUST 20  
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**SF BAY OCEAN  
FISHING CHARTER**

SATURDAY, AUGUST 28  
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# BUILD-A-BOAT REGATTA

**- SAVE THE DATE -  
SEPTEMBER 8**



Using nothing but cardboard boxes and duct tape (*provided by Recce Point Club*), build a sea-worthy craft to get your crew from one side of the pool to the other. Gather your team, grab your supplies, and develop a skit to wow the judges, and start building! 1<sup>st</sup> Place Squadron gets bragging rights and the traveling trophy. Youth and adult categories, free to participate. For details call 634-2833.

Community Center • 634-3140

[www.BealeFSS.com/CAC](http://www.BealeFSS.com/CAC) [www.facebook.com/BealeCAC](https://www.facebook.com/BealeCAC)

*Mike Bliss*  
**VARIETY AND FUN**  
COMEDY · PICK-POCKET · MAGICIAN

**AUG 31**  
**FREE**

**BASE THEATER**  
**DOORS OPEN: 5:30PM**  
**SHOW BEGINS: 6:00PM**

**LIVE STAGE**  
AN AIR FORCE ENTERTAINMENT PRODUCTION

# BEALE SPORTS DAY

## AUGUST 20, 2021



## SCHEDULE OF EVENTS

7:30am	Opening Comments	Base Track
7:45am	Soccer Obstacle Course Participants are required to express skill and agility through various soccer related obstacles.	Base Track
8:45am	400m Relay 4 batons will be held at each 100 meter mark. Members will run and touch batons in order to finish 400 meters the fastest	Base Track
10am	Frisbee Distance Shot Participants are required to throw a frisbee as far as possible. Certain distances get certain points.	Base Track
11:30am	Field Goal Competition Competitors will kick the ball through field goal at different parts of the track.	Base Track
12:30pm	3-Point Contest All 4 participants get balls divided amongst them to shoot 3 points.	Fitness Center Gym
1:30pm	Awards Ceremony	Fitness Center Gym



# COWABUNGA COCKTAILS IS HEADED YOUR WAY!

9 FSS will have an adult beverage cart driving through base housing selling specialty cocktails and other beverages.

Meet us at the stop closest to your house!

**Friday, August 20  
starting at 5:05pm.**



## Alcoholic Beverages

Tilt-o-Whirl Cocktail, \$5

Pineapple, Strawberry Soda,  
Ginger Ale & Gin

(served with a candy stick!)

Melon MOOgarita \$5

Jack & Coke, \$5

Beer & Wine, \$3

## Non-Alcoholic

Kiddie Ride Punch, \$2

Pineapple, Strawberry Soda & Ginger Ale  
(served with a candy stick!)

**Cinnamon  
Bread  
Sticks  
\$1**

## COWabungas Stops

Times are approximate.

- 1 Corner of Texana Way and E Garryanna Dr. ~5:05–5:20pm
- 2 Corner of Allegheny Dr. and Tyburn Dr. ~5:25–5:45pm
- 3 Corner of Tyburn Dr. and E Garryanna Dr. ~5:50–6:10pm
- 4 Corner of Danbury Dr. and Tannen Way ~6:15–6:35pm
- 5 Corner of Delmar Dr. and Ridge Rd. ~6:40–6:55pm
- 6 Middle of Troutman Dr. ~7–7:15pm
- 7 Corner of Ridge Rd. and Ilex Way ~7:20–7:40pm
- 8 Lakeview Dr. ~7:45pm

If you are driving through housing during this time, please adhere to posted speed limits—a larger number of people will be outside and crossing the street.

**Cash recommended! ID is required.**

You must walk to our COWabungas stops in order to be served alcoholic beverages. We reserve the right to refuse service to anyone.



**9TH FORCE SUPPORT SQUADRON**

Lt Col, Bobby Hale, *Commander*  
 Jim Buck, *Deputy Director*

**MARKETING**

Tiffany Moreno, *Marketing Director*  
 Ricky Villegas, *Sponsorship*  
 Tom Tennes, *Graphic Design*  
 Cathy Rodgers, *Graphic Design*

The **RECCE MAGAZINE** is published monthly by the Beale AFB 9th Force Support Marketing Department. Contents of the RECCE Magazine are not necessarily the official views of, or endorsed by, the U.S. Government, the DoD, or the Department of the Air Force. The appearance of advertising in this publication does not constitute endorsement by the federal government.

**ALL PROGRAMS, DATES AND TIMES ARE SUBJECT TO CHANGE.**

For information regarding advertising in the Recce Magazine or to sponsor a program or event contact:  
 9th Force Support Marketing Office  
 6249 C Street, Beale AFB, CA 95903  
 530.634.5407/634.2283



[www.BealeFSS.com](http://www.BealeFSS.com)



[www.facebook.com/Beale9FSS](http://www.facebook.com/Beale9FSS)



[www.instagram.com/Beale9FSS](http://www.instagram.com/Beale9FSS)



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Become a Federal Employee  
 at Beale AFB  
**Join the TEAM**

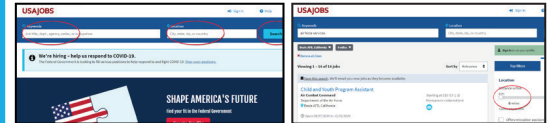
An Equal Opportunity Employer  
**NON-APPROPRIATED FUND JOBS AVAILABLE**  
 Steady Employment | Full & Part Time | Enjoy Benefits



**CURRENTLY HIRING\*:**  
**Recreation Aids**  
**Cooks**  
**Child & Youth Program Assistant**  
**Guest Services Representatives**  
**Accounting Technician**  
*\*Jobs listing at time of print*

**HOW TO FIND NAF POSITIONS FOR BEALE AFB STEP BY STEP INSTRUCTIONS**

- Logon to USAJobs.gov
- Type "Air Force Services" into the Keywords box
- Type Beale AFB into the Location box
- Select Search
- Select the More Filters tab
- Under Distance within, change to 0 miles



For assistance, email [9FSS.FSMH@us.af.mil](mailto:9FSS.FSMH@us.af.mil).  
**NAF Human Resources • 634-2240**  
[www.BealeFSS.com/naf](http://www.BealeFSS.com/naf) [www.facebook.com/Beale9FSS](http://www.facebook.com/Beale9FSS)

**UFC**  
265

Complimentary  
appetizers  
(offered after  
kitchen closes  
at 6pm)



**LEWIS**  
INTERIM HEAVYWEIGHT CHAMPIONSHIP

**GAME**

**NUNES vs PEÑA**  
WORLD BANTAMWEIGHT CHAMPIONSHIP

**AUGUST 7**  
Pre-Fights 5pm  
Main Event 7pm  
MOOS & BREWS

**FREE**  
for Club Members  
**\$5**  
for Non-Members

Family  
*Paint & Create*



*featured painting  
for August*



**Saturday • August 14 • 1pm**  
Register by August 13  
Recce Point Club



\$10 Club Members/\$15 Non-Members  
Complimentary appetizers included.  
Call for details, 634-2833.

# August Take-Home Kits from Arts & Crafts

Summer Sign Take-Home Kit



**"Summer Sign"  
Take-Home  
Wood Painting Kit**  
\$20

- Kit includes all supplies, & instructions.
- Call to reserve your kit.

**"Turtles & Truffles"  
Take-Home  
Canvas Painting Kit**  
\$20

- Kit includes all supplies, instructions, & truffles!
- Call to reserve your kit.

Turtles & Truffles Take-Home Kit



*Seas the Day*

Stepping Stone Take-Home Kit



**"Stepping Stone"  
Take-Home Kit**  
\$8

- Kit includes all supplies, & instructions.
- While supplies last.





### *Island Lake Day Hike*

Enjoy a beautiful hike through the forests and granite fields on our way to crystal blue lakes.

**August 7 • 9am–5pm**

**\$30 (trans. only) • Sign up by August 3**



### *Santa Cruz Day Trip*

Join us on a trip to the Santa Cruz Beach Boardwalk. Enjoy thrilling rides or relax on the beach.

**August 14 • 6am–8pm**

**\$30 (trans. only) • Sign up by August 9**



### *Hidden Falls Hike*

We'll head down to Auburn Regional Park to hike to various streams and falls.

**August 15 • 9am–1pm**

**\$30 (trans. only) • Sign up by August 10**



### *Golden Gate & Bay Cruise*

Cruise along San Francisco's breathtaking waterfront and under the majestic Golden Gate Bridge.

**August 21 • 8am–6pm**

**\$70 (trans./ticket) • Sign up by August 17**



### *Muir Woods Trip*

Stroll through the forest floor amongst the giant redwoods in this amazing park.

**August 22 • 7am–6pm**

**\$30 (trans. only) • Sign up by August 19**



### *Ternero Olive Oil Tasting*

We'll visit this family owned farm in Lincoln and sample a variety of tasty olive oils and vinegars.

**August 28 • 2–4pm**

**\$20 (trans./tastings) • Sign up by August 24**

*Your Outdoor Adventure begins with us!*





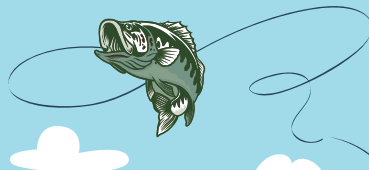
## Black Swan Trail Hike

Enjoy a beautiful hike through the Oak Chaparral as we hike the Black Swan Trail.

August 29 • 9am-1pm

\$30 (transportation only) • Sign up by August 24

## Special R4R Beale Airmen OCEAN FISHING CHARTER



**AUGUST 28**  
**2:30am-8pm**  
Sign up by COB, August 24



The Outdoor Adventure Center is hosting an amazing R4R all-inclusive guided charter fishing trip to the bay area for Beale Airmen!  
**COST: \$20** [includes transportation, charter boat, and fishing bait & gear.]  
Limited Participation. **Call the DAC at 634-2054 to reserve your space.**  
Open to Active Duty Airmen. Must have a valid ID and current California fishing license. Call the DAC for details.

BEALE AFB

# VENTURE PARK

Beale's New Adventure Park!  
Located near the old Golf Pro Shop.



**AXE THROWING**



**CORN HOLE**



**DRIVING RANGE**



**DISC GOLF**  
(CURRENTLY CLOSED)



**HORSESHOES**



**PAINTBALL**  
(COMING SOON)

Equipment available to rent.  
Call 788-0192 or stop by the Pro Shop to reserve time for your activity.

**OPEN WEDNESDAY-SUNDAY, 11AM-6PM**

**NOTHING VENTURED...NOTHING GAINED!**

Venture Park • 788-0192  
[www.BealeFSS.com/VenturePark](http://www.BealeFSS.com/VenturePark)



# ARCHERY BASICS

**AUGUST 14 • 10AM-4PM**

Learn basic archery skills, or gain knowledge and skills for base qualifications for the upcoming bow season. Qualify with your own bow or rent one from Rod & Gun.

**Entry fee: \$10 per person** Please register by August 13.

**Rod & Gun Club • 788-2473** [www.BealeFSS.com/Rod-n-Gun](http://www.BealeFSS.com/Rod-n-Gun)

## AUGUST POOL HOURS

### MAIN BASE POOL

*(Through-August 11)*

OPEN SWIM: Saturday & Sunday, 12-7pm

LAP SWIM: Weekdays, 11am-3pm

*(August 12-September 6)*

OPEN SWIM: Saturday & Sunday, 12-7pm

LAP SWIM: Weekdays, TBA

MAIN POOL



#### SCAN THIS QR CODE

Scan this code to make reservations for the **MAIN POOL**. Reservations required for 1 hr./45 min. blocks, except the last time slot from 6-7pm for 60 min.

**ONLY ONE RESERVATION ALLOWED PER DAY.**

### LAKEHOUSE POOL

*(Through-August 11)*

OPEN SWIM: Weekdays, 12-7pm

*(August 12-September 6)*

OPEN SWIM

Monday-Friday, 3:30-7pm • Weekends, 12-7pm

SPLASH PAD

7 Days A Week, 12-7pm

LAKEHOUSE



#### SCAN THIS QR CODE

Scan this code to make reservations for the **LAKEHOUSE POOL & SPLASH PAD**. Reservations required for 1 hr./45 min. blocks, except the last time slot from 6-7pm for 60 min.

**ONLY ONE RESERVATION ALLOWED PER DAY.**

# MONTE CARLO

**BOWLING**

MORE COLOR. MORE CASH. MORE FUN!

**AUGUST 14 • 7PM**

9-Pin No Tap | Bowl 3 Games | Entry fee: \$16

Limited to the first 24 paid entrants. Reserve your spot for \$10.

**KNOCK DOWN SPECIAL PINS TO WIN CASH!**



**KIDS BOWL FREE**

[www.KidsBowlFree.com](http://www.KidsBowlFree.com)

Register your child at  
[www.KidsBowlFree.com/AirForce](http://www.KidsBowlFree.com/AirForce)

and get **2 FREE GAMES OF BOWLING**

WEDNESDAY-SATURDAY, 1-7pm

Offer ends August 31, 2021

Beale Lanes Bowling • 634-2299

[www.facebook.com/BealeLanes](http://www.facebook.com/BealeLanes) • [www.bealefss.com/beale-lanes/](http://www.bealefss.com/beale-lanes/)

# DORM FREE BOWLING NIGHT



**AUGUST 13 | 5PM-12AM**

GET OUT OF THE DORMS AND JOIN US FOR AN EVENING OF  
**FREE BOWLING!**

JUST PAY FOR \$3 SHOE RENTAL. BOWLING LIMITED TO  
3 HOUR PER PERSON IF WAIT LIST IS FORMED,  
OTHERWISE EVERYONE ENJOYS UNLIMITED BOWLING.

# August @ the HUB



## Take & Make Your Own Bookmark

August 5

Celebrate National Back to School Month with this fun, take-home craft. Create your own design!



(While supplies last)

## Adult Trivia

Have some fun, win some swag!

August 6 • 4:45pm

August 13 • 4:45pm



## Table Top Games

Fridays • 4:30-6:30pm

# Finish your Bachelor's Degree in **2 Years or Less!**

CCAF degree guaranteed to cover  
**AT LEAST HALF** of the required degree credits!

## **BAS in Technology & Management**



Air University AU-ABC  
Category 1 Partner



PAID ADVERTISEMENT - NO FEDERAL ENDORSEMENT OF ADVERTISER INTENDED

# Oregon **TECH**

Oregon Institute of Technology

**Jeff Smith**  
USAF, Retired

Want more Info? [USAF@oit.edu](mailto:USAF@oit.edu)  
[oit.edu/au-abc](http://oit.edu/au-abc)

# JOIN US SATURDAY FOR **MOVIE NIGHT** AT THE INDEPENDENCE CINEMA

Doors open at 6:30pm • **SHOWTIME** at 7pm



**\*\* FEATURING \*\***

**August 14**



**A QUIET PLACE:  
Part 2**

Rated PG-13

**August 28**



**CRUELLA**

Rated PG-13

Reservations are no longer required, however due to social distancing the theater can accommodate no more than 80 patrons. First come, first served.



Independence Cinema • 634-3140  
[www.BealeFSS.com/Independence-Cinema](http://www.BealeFSS.com/Independence-Cinema)





## Recce U Professional Development

FOR MORE INFORMATION ABOUT PROFESSIONAL DEVELOPMENT OPPORTUNITIES, PLEASE CONTACT YOUR RECCE U TEAM

### Career Assistance Advisor

SMSgt Anthony "Hawk" Hawkins  
anthony.hawkins.1@us.af.mil • 634-3644

### Wing Airmen Development NCOIC

SSgt Zachary Vig  
zachary.vig@us.af.mil • 634-4747

### FTAC NCOIC

SSgt Taylor White  
taylor.white.9@us.af.mil • 634-4747



# DISCOVERY FLIGHTS

Experience the thrill of flying with a Discovery Flight at the Aero Club. Flight in a small, fixed-wing aircraft is like nothing else! You'll get hooked and ready to start lessons.



## \$50

FOR SINGLE AIRMEN  
AND DEPLOYED AFFECTED.

*Includes an approximately  
45-minute flight with 45 minutes  
of ground instruction.*

*This is an R4R Program. Spaces  
are limited on a first come, first  
served basis to those who qualify.*

(Regular price: **\$150**)

**Aero Club • (530) 749-7695**

[www.BealeFSS.com/Aero-Club](http://www.BealeFSS.com/Aero-Club) [www.facebook.com/BealeAeroClubFTC](https://www.facebook.com/BealeAeroClubFTC)



# RECCE TOWN'S TALENT SHOW

Hosted by Recce Town 5/6 and Beale AFB A.C.E. Councils

**NEW DATE!**  
**Wednesday,**  
**SEPTEMBER 1**

Community Center



**SHOW STARTS AT 6PM**  
\$7.50 Per Contestant  
**Sign up by August 6**



Categories: 13 yrs.-Adult / 12 & under

Come show off your skills or see the hidden gems that are Recce Towns finest!

POCs for the event are:

SrA Emya Burton 634-2131  
Sra Eleonora Audet 634-3420



THIS IS A PRIVATE ORGANIZATION. IT IS NOT A PART OF THE DEPARTMENT OF DEFENSE OR ANY OF ITS COMPONENTS AND IT HAS NO GOVERNMENT STATUS



Drs. Insiya & Raj Zanzi

*"A Healthy Smile is A Beautiful Smile!"*  
*We Welcome Beale AFB Families*

- **WE ACCEPT MILITARY INSURANCE** •
- Evening & Saturday Appointments Available
- New Patients & Emergencies Welcome
- Flexible Payment Plans
- Crowns, Root Canals, Implants, Veneers and Dentures
- Digital X-rays, IntraOral Camera, Massage Chairs, and NETFLIX
- Braces & INVISALIGN for adults & kids



*Gentle Family & Cosmetic Care*

**Raj Zanzi, DMD • Insiya Zanzi, DDS**  
**Allen Sanders, DDS** (Orthodontics)

**\$50 CREDIT**

**Towards Dental Work**  
(Excluding exam, x-rays, cleaning & deductible)\*  
*New patients only, one per family*

\*Not valid with any other offer.  
Expires: August 31, 2021

**916-797-0825**

**1424 Blue Oaks Blvd., Roseville (Hwy 65 & Blue Oaks exit)**

**www.12BridgesDental.com**

Paid Ad. No Federal Endorsement of Advertisers Intended.

AIRMAN & FAMILY READINESS CENTER

*Classes and Workshops*

*Via Zoom!*

Call 634-2863 to register and receive your Zoom invitation.

**Career & Credential Exploration**

**AUGUST 3-4 • 8am-4pm**

A 2-day class facilitated by the Department of Labor. Participants will complete personalized career development assessments resulting in tailored job recommendations.

**Ditching the Dorms**

**AUGUST 5 • 7-8:30pm**

For Airmen who have never lived on their own and want to move out of the dorms.

**Federal Resume Tips**

**AUGUST 26 • 9-11am**

A workshop for those interested in federal job opportunities and resume tips.

*In-person Classes!*

Classes are held at the A&FRC. Call 634-2863 to register.

**Retirement Planning Starter**

**AUGUST 2 • 9-10am**

Meets the financial touchpoint requirement for Airmen, mandatory prior to reaching two years of service.

**Marriage Financial Planning**

**AUGUST 2 • 11am-12pm**

A class to help you and your spouse as a newly married couple organize your finances efficiently and work through many other changes that come with your new status.

**Ditching the Dorms**

**AUGUST 5 • 9-10:30am**

For Airmen who have never lived on their own and want to move out of the dorms.

**A&FRC • 634-2863 • [www.BealeFSS.com/AFRC](http://www.BealeFSS.com/AFRC)**



**BACK-TO-SCHOOL  
BRIGADE**

**JOIN OPERATION HOMEFRONT FOR A  
SCHOOL SUPPLY DISTRIBUTION EVENT!**

**Eligible Recipients Include:**  
Active Duty, E1-E6 or all ranks of post 9/11 wounded, ill or injured

**5 August 2021**

**Recce Point Club, Ballroom, Beale AFB**

Registration is required; please call 530-634-3539 or email: [retha.goodly@us.af.mil](mailto:retha.goodly@us.af.mil). Registered families will be assigned times to attend this event (between 9am – 11:30am). \*Walk-ins from 12:00 – 12:30pm (all ranks and civilians assigned to Beale AFB).

Supplies are limited.



**Registration closes 3 August 2021 COB.**







It's  
**SUMMER**  
Time  
at the Youth Center

## August Events

### Non-Traditional Sports Camp

August 9-12 • Time: 9-11am

Try out disc golf, rock wall climbing, archery and cornhole.

### Water Fun Membership Night

August 13 • 4-6:30pm

A School-Year Open Rec Membership Drive night filled with wet & wild water fun, activities, snow cones and refreshments. Interested parents meet the staff, and are offered enrollment packets, as well as tours of the facility.

### Tween Night Out

August 27 • 6-9pm

Join us for a "Street Party"! Enjoy a rock wall, limbo contest, music, dance contest, karaoke, games, and water balloon fights!

Ages 9-12 • Members: \$15 / Non-members: \$20

# EXPANDED CHILD CARE

**Family Child Care needs YOU!**

FCC needs individuals willing to open their hearts and homes to another child or children to provide Extended Child Care. All care providers will be given training to complete licensure of their home for child care.

**If you love children, this is an opportunity that can't be missed!**

- Work out of your own home!
  - Set your own hours!
  - Build your resume!
- Provide much needed help to service members and their children!

**Contact the FCC office at 530-812-3117 to start your application process today!**



**Family Child Care • 530-812-3117**  
BealeFCC@gmail.com



## MILITARY SPOUSE APPOINTMENT CARE

A **NEW** TYPE OF EXPANDED CHILD CARE IS BEING OFFERED IN OUR FAMILY CHILD CARE HOMES!

### ELIGIBILITY REQUIREMENTS FOR THE PROGRAM

- Spouse of Military Member.
- Active Duty or Reserve/Guard in activated status.
- Sponsor must be at work, on directed crew rest, or must attend the appointment with the spouse.
- No other adult in the household available to provide care.
- Spouse must be attending an approved appointment.

\*An ECC form with the active duty members supervisor's signature along with verification of an appointment is needed to qualify.



### EXAMPLES OF APPROVED APPOINTMENTS ARE:

- Medical appointments
- Classes offered by:
  - Airmen & Family Readiness Center
  - Chaplain & Family Advocacy
  - Medical Agencies

### EMPLOYMENT OPPORTUNITIES

- Job interviews
- Initial job training/new employee orientation

*(Volunteer opportunities are not an approved appointment)*

All requests must be turned into the Beale Family Child Care Coordinator at least **72 hours** in advance of appointment.

Requests can be sent to:  
✉ [BealeFCC@gmail.com](mailto:BealeFCC@gmail.com)

**Family Child Care • (530) 812-3117**  
[www.BealeFSS.com/Family-Child](http://www.BealeFSS.com/Family-Child)

The Beale Child Development Center is looking for Early Childhood Professionals, entry through leadership levels!



### Employment offers:

Great Starting Wages • Accredited Education & Training  
Military Spouse Preference • Room for Growth  
Work with Professional Staffing

### HOW TO APPLY

Log on to [www.usajobs.gov](http://www.usajobs.gov) and create an account.  
Search KEYWORD: **Child and Youth Program Assistants**  
Enter LOCATION: **Beale AFB**  
Follow direction to apply and wait for a response.

### FOR ASSISTANCE

Email: [9FSS.FSMH@us.af.mil](mailto:9FSS.FSMH@us.af.mil)  
or call Beale NAF Human Resources at **530-634-2240**

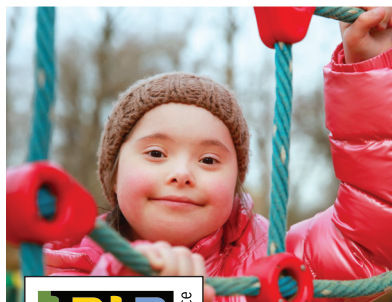
[www.BealeFSS.com/NAF](http://www.BealeFSS.com/NAF) • [www.facebook.com/BealeFSS](http://www.facebook.com/BealeFSS)

**Child Development Center • 634-4717**

[www.BealeFSS.com/CDC](http://www.BealeFSS.com/CDC) • [www.facebook.com/BealeYouthPrograms](http://www.facebook.com/BealeYouthPrograms)

# EFMP & RESPITE CARE PROGRAM

Receive 40 hours per month of free child care for military families with a disabled child.



If your child has a disability, your family may qualify to be Q Coded and registered with the EFMP program with the Air Force.

If you are verified as an EFMP family, you can qualify for Respite Care for the child with a disability, and for all the siblings as well. The hours and the respite care providers are scheduled monthly through the FCC Coordinator.



Contact the FCC Coordinator at (530) 812-3117 or [bealefcc@gmail.com](mailto:bealefcc@gmail.com) for Respite Care.

To learn more about the EFMP Program, please contact **Kim Hogue** at [kimberly.hogue.1@us.af.mil](mailto:kimberly.hogue.1@us.af.mil) or the EFMP Medical Specialist, **Melissa Gardner** at [melissa.gardner.ctr@us.af.mil](mailto:melissa.gardner.ctr@us.af.mil).

# YOU ASK, WE LISTEN!

Your feedback is important to us.

Suggestions and feedback help us make improvements and address issues.



We also love recognizing excellent service!



BEALE AFB ICE SITE



Visit [ice.disa.mil](http://ice.disa.mil) to leave comments about any of our FSS facilities. A manager will respond to your feedback if you leave your contact information.



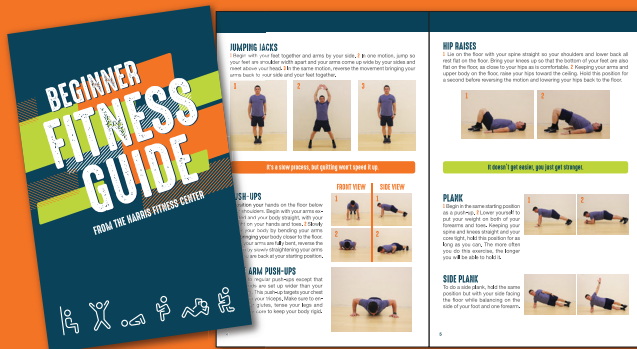
[ice.disa.mil](http://ice.disa.mil)

TWELVE PEAKS TO CONQUER...BAG ONE OR BAG 'EM ALL!



**AVAILABLE NOW!**

-Pick up your copy today!-  
FROM THE HARRIS FITNESS CENTER



Stay Fit With Virtual Instructors!  
**Wellbeats™**  
 OFFERED VIA THE FITNESS CENTER KIOSK

**AUGUST AEROBICS SCHEDULE**

**FREE ACCESS!**

**Important Information:**

Most classes are taught by a virtual instructor via Kiosk at the HFC.

All classes are first come, first serve (8 max per class)

**Aerobics Schedule POC:  
 SrA Raeven Williams**

For all questions or details, please call the Fitness Center at  
**(530) 634-2258**

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> 6am: Kenetic Basics 10am: AMPED 3pm: Crazy Cardio Core	<b>3</b> 6am: Step It Up 10am: Standing Core 3pm: Knee Mobility Leg Strength	<b>4</b> 6am: Fit 2 Fight 10am: Energy Reboot 3pm: Rock Your Core	<b>5</b> 6am: Kettle Ball 10am: Prenatal 3 3pm: Long & Lean	<b>6</b> 6am: Circuit Training 10am: Rock Your Core 3pm: Let's HITT It
<b>9</b> 6am: Upper Body Express 10am: Postnatal 2 3pm: Tabata Strength	<b>10</b> 6am: Let's HITT It 10am: Gentle Yoga 3pm: Upper Body Express	<b>11</b> 6am: Fit 2 Fight 10am: Tabata Pyramid 3pm: Cardio Blast	<b>12</b> 6am: Cardio Blast 10am: Prenatal 1 3pm: Chisel Flow	<b>13</b> 6am: Circuit Training 10am: HITT Cardio 3pm: Circuit Ladder & Core
<b>16</b> 6am: Total Body Power 10am: Let's HITT It 3pm: HITT & Tabata	<b>17</b> 6am: Body Fuel 10am: Fusion Basic 3pm: Total Body Power	<b>18</b> 6am: Fit 2 Fight 10am: In the Zone 3pm: Energy Reboot	<b>19</b> 6am: Lean Legs & Core 10am: Prenatal 3 3pm: Long & Lean	<b>20</b> 6am: Circuit Training 10am: HITT Cardio 3pm: Circuit Ladder & Core
<b>23</b> 6am: Total Body Power 10am: Postnatal 3 3pm: HITT & Tabata	<b>24</b> 6am: Standing Core 10am: Fusion Basic 3pm: HITT & Tabata	<b>25</b> 6am: Fit 2 Fight 10am: In the Zone 3pm: Tabata Pyramid	<b>26</b> 6am: Body Factor 10am: Step It Up 3pm: HITT Cardio	<b>27</b> 6am: Circuit Training 10am: Rock Your Core 3pm: Fusion HITT Circuit
<b>30</b> 6am: Kenetic Basics 10am: AMPED 3pm: Crazy Cardio Core	<b>31</b> 6am: Step It Up 10am: Standing Core 3pm: Knee Mobility Leg Strength			



**• LUNCH MENU •**

*Served Wednesday–Sunday, 11am–1pm*

**WEDNESDAYS**

Steak Sandwich w/beans & potato salad

**THURSDAYS**

Pulled Pork Sandwich w/beans & potato salad

**FRIDAYS**

Chili Dogs & Hot Dogs

**• HAVE LUNCH ON THE HILL! •**

Rod & Gun Club • 788-2473 [www.BealeFSS.com/Rod-n-Gun](http://www.BealeFSS.com/Rod-n-Gun)

**Friday Pizza Special**  
Fridays • 3–7pm

**Large 2-Topping Pizza  
+ 2 Fountain Sodas**

**\$12**

*Friday Pizza Special*



Dine-in or To Go  
@ Moos & Brews

Call-in orders  
at 634-0936.

Moos & Brews • 634-0936

[www.BealeFSS.com/Recce-Point-Club](http://www.BealeFSS.com/Recce-Point-Club) [www.facebook.com/ReccePointClub](http://www.facebook.com/ReccePointClub)



## QUICK GLANCE FOOD GUIDE

### *Spare Time Grill*

#### Serving Breakfast & Lunch

Monday–Friday, 7am–2pm

Breakfast Platters • Breakfast Burritos • Pancakes  
 French Toast • Biscuits & Gravy  
 Hand-pressed Hamburgers • Veggie Burgers  
 Chicken Sandwiches • Pizza • Hot Dogs  
 Salads • Appetizers • Beer & Wine



*Breakfast:* M–F: 5:30–8am/Wkd & Hol: 7:30–9am  
*Lunch:* Daily, 10:30am–1:30pm  
*Dinner:* M–F, 4:30–7pm/Wkd & Hol, 4:30–6:30pm  
*Midnight Meal:* Daily, 10:30pm–12:30am  
*Simply to Go:* M–F, 5:30am–7pm/Wkd & Hol, 7:30am–6:30pm

#### Serving Breakfast, Lunch & Dinner

Daily Entree Specials • Soups & Salads  
 Assortment of Sides • Pizza • Pasta • Sub Sandwiches  
*Hours of operation and food choices subject to change.*



# OPEN

**WED–SUN: 11AM–7PM**  
**BAR: FRI & SAT: 11AM–9PM**

**LOCATED ON RIGHT SIDE  
 OF THE RECCE POINT CLUB**

### BURGERS/SANDWICHES

Moo Burger  
 Cheesy Moo Burger  
 Bacon Moo Burger  
 Spicy Moo Burger  
 BBQ Moo Burger  
 Double Moo Burger



Crispy Chicken Sandwich  
 Grilled Chicken Sandwich  
 Spicy Black Bean Burger  
 BLT  
 Club Sandwich  
 Pulled Pork Sandwich

### FIT EATS

Chef Salad  
 Large Garden Salad  
 Healthy Moo Burger  
 Turkey Wrap

### KIDS MEAL

*Served with a drink, and choice of fries, carrots & celery, or fruit cup*  
 Moo Burger, Cheesy Moo Burger, Hot Dog,  
 Chicken Nuggets (4), Grilled Cheese Sandwich,  
 or Individual Cheese or Pepperoni Pizza

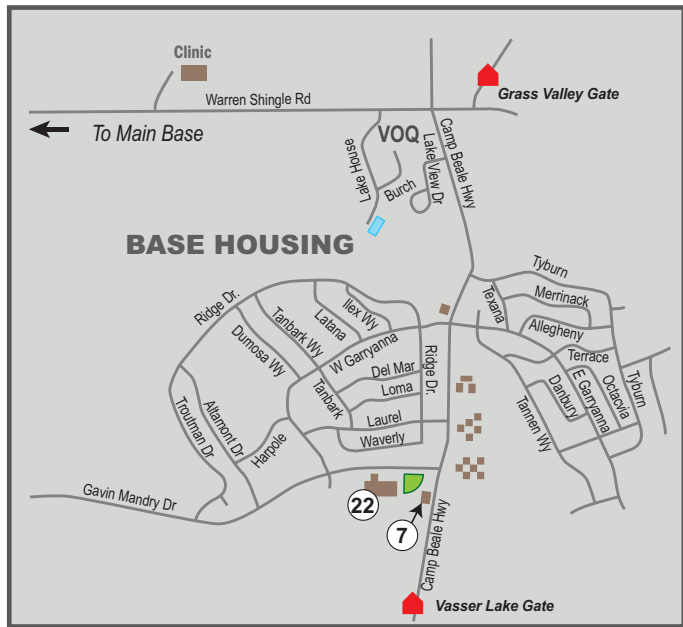
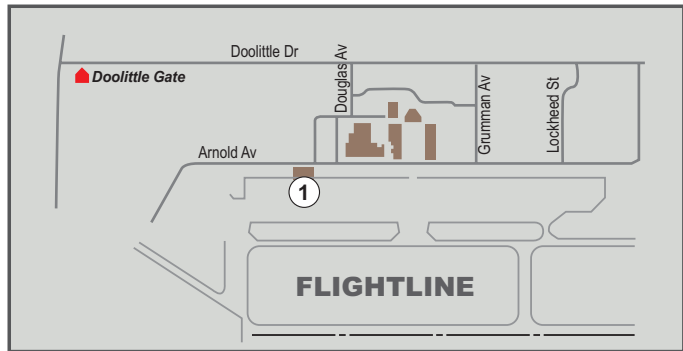
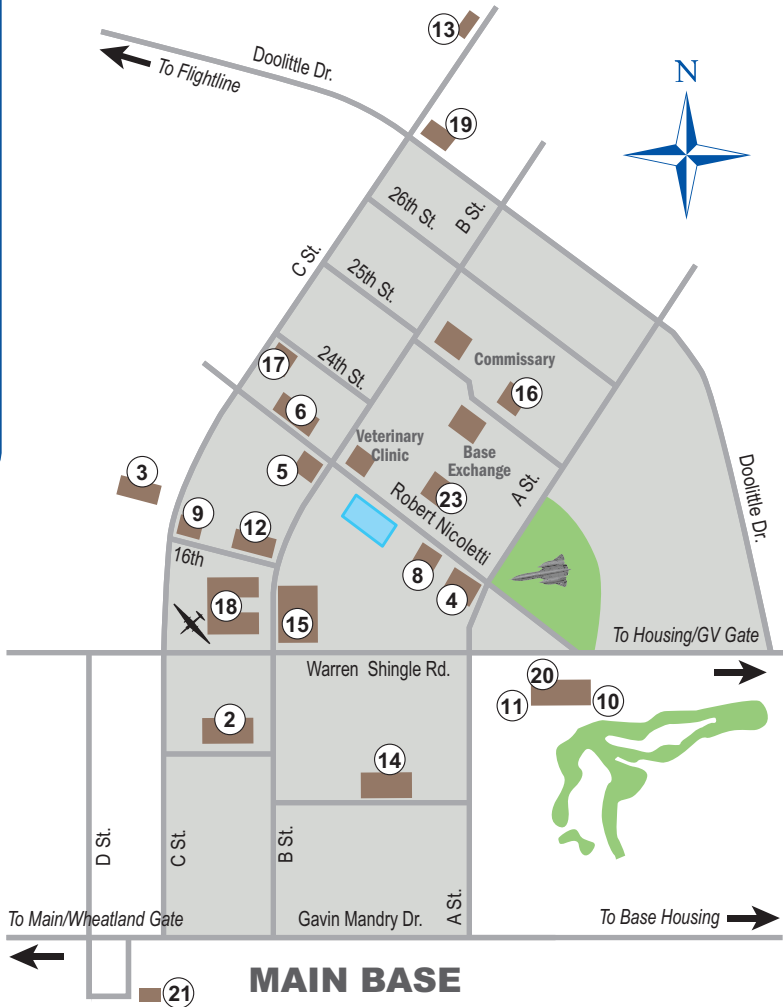
### MILKSHAKES

Chocolate, Vanilla or Strawberry  
 Black & White (cookies & cream)  
 Black Cow (ice cream w/root beer)



*\*Milkshakes not  
 ESM approved*

*Menu also includes an assortment of appetizers, pizzas and side items*





## 9 FSS HOURS OF OPERATION

- 1 Aero Club Flight Training** 530-749-7695  
Sutter County Airport  
9am–2pm M–Th  
Aero Club Members 24/7  
Closed holidays
- 2 Airman & Family Readiness** 634-2863  
17800 B Street  
7:30am–4:30pm M,T,Th,F  
7:30am–1:30pm W  
Closed weekends/holidays/family days
- 3 Airman Leadership School** 634-3332  
2401 C Street  
7:30am–4:30pm M–F  
Closed weekends/holidays/family days
- 4 Arts & Crafts Center** 634-2294  
17651 Warren Shingle Road  
9am–4pm Tu–F  
Closed weekends/holidays
- 4 Auto Hobby Center** 634-2296  
17651 Warren Shingle Road  
7am–6pm M–F  
9am–5pm (no mechanic) Sat  
Closed Sundays/holidays
- 5 Beale Lanes** 634-2299  
17800 Robert Nicoletti Way  
1–7pm W–Sat
- 6 Child Development Center** 634-4717  
18000 Robert Nicoletti Way  
6:15am–6pm M–F  
Closed weekends/holidays
- 7 Child/Youth Resource Center** 634-4418  
5190 Camp Beale Hwy, Bldg. 3308  
9am–3pm M–F  
Closed weekends/holidays
- 8 Community Center** 634-3140  
17700 Robert Nicoletti Way  
12–8pm M–F  
12–6pm Weekends  
Closed holidays
- 9 Contrails (DFAC)** 634-2537  
17853 16th Street  
Simply to Go: 5:30am–7pm M–F  
Simply to Go: 7:30am–6:30pm Wkd/Hol  
Breakfast: 5:30–8am M–F  
Breakfast: 7:30–9am Wkd/Hol  
Lunch: 10:30am–1:30pm Daily  
Dinner: 4:30–7pm M–F  
Dinner: 4:30–6:30pm Wkd/Hol  
Midnight Meal: 10:30pm–12:30am Hol/Daily
- 11 Moos & Brews** 634-0936  
17440 Warren Shingle Road  
11am–7pm W, Th, Sun  
Bar: 11am–9pm F & Sat  
Closed holidays
- 12 Education Center** 634-2525  
17849 16th Street  
8am–3pm M–F  
Closed weekends/holidays/family days
- 13 Fam Camp** 634-3382  
220 Cedar Lane  
9am–12pm/1–4:30pm M–F  
0900-1200 Sat  
(Contact Camp Host) Sat, Sun, Hol
- 7 Family Child Care** 812-3117  
5190 Camp Beale Hwy, Bldg. 3308  
By appt. M–F
- 14 Gold Country Inn** 634-2953  
24112 A Street  
Open 24/7
- 15 Harris Fitness Center** 634-2258  
2418 B Street  
5am–10pm M–F  
8am–5pm Wkd/Hol
- 16 Independence Cinema** 634-3140  
25th Street, Bldg. # 2474  
(Doors open 30 min. prior) 7pm Sat
- 8 Information, Tickets, Tours** 634-4882  
17700 Robert Nicoletti Way  
12am–5pm M–F  
Closed weekends/holidays
- 17 Marketing Office** 634-5407  
2440 C Street  
8am–4:30pm M–F  
Closed weekends/holidays/family days
- 18 NAF Human Resources** 634-2240  
17852 16th Street  
7am–4pm M–F  
Closed weekends/holidays/family days
- 23 Omni Fitness Center** 634-2258  
Closed for renovations
- 19 Outdoor Adventure Center** 634-2054  
17630 Doolittle Drive  
9am–5pm M–F  
9am–1pm Sat/Fam Days  
Closed Sundays/holidays
- 20 Recce Point Club** 634-2833  
17440 Warren Shingle Road  
Office hours: 7:30am–4:30pm M–F  
Closed weekends/holidays/family days
- 21 Rod & Gun Club** 788-2473  
7950 D Street  
9pm–4pm W–Sun  
Closed holidays
- 5 Spare Time Grill** 634-2304  
17800 Robert Nicoletti Way  
7am–2pm M–F  
Closed Weekends/holidays
- 10 Venture Park** 788-0192  
17440 Warren Shingle Road  
11am–6pm W–Sun
- 22 Youth Programs** 634-4953  
15160 Gavin Mandry Drive  
Office: 6:15am–6pm M–F  
School-Age: 6:15am–6pm M–F  
Closed weekends/holidays

# COPY, PRINT & DESIGN CENTER

9 FSS MARKETING OFFICE · 6249 C STREET, BLDG 2440  
 634-5407 · 9FSS.FSK@US.AF.MIL · WWW.BEALFSS.COM

## COPY AND PRINT SERVICES

QUANTITY	LETTER*				LEGAL				11x17			
	BLACK/WHITE		COLOR		BLACK/WHITE		COLOR		BLACK/WHITE		COLOR	
	1 SIDE	2 SIDE	1 SIDE	2 SIDE	1 SIDE	2 SIDE	1 SIDE	2 SIDE	1 SIDE	2 SIDE	1 SIDE	2 SIDE
1-100	.10	.15	.25	.35	.15	.25	.30	.40	.25	.35	.40	.50
100+	.08	.13	.23	.33	.13	.23	.28	.38	.23	.33	.38	.48

\*CARD STOCK - ADD .10 PER SHEET

## POSTERS

UNMOUNTED	MOUNTED**	
24"x36"	18"x24"	24"x36"
\$25	\$15	\$40
		\$45

\*2 IMAGES ON 24"x36", CUT IN HALF. MIX OR MATCH.

\*\*LAMINATED ON 1/4" FOAM CORE BOARD.

## BUSINESS CARDS

200	\$15***
500	\$25***

\*\*\*FILE MUST BE PRINT-READY.

SIMPLE BUSINESS CARD DESIGN: \$25

## OTHER SERVICES

BANNERS		NEW PRICES!	LAMINATING		LETTER	.50
WATERPROOF CANVAS	24"x4'	\$23	LAMINATING	11x17		\$1
WATERPROOF CANVAS	24"x6'	\$28	SPIRAL BINDING	CALL FOR QUOTE		
WATERPROOF CANVAS	24"x8'	\$33	FOLDING	CALL FOR QUOTE		
INCLUDES UP TO 6 GROMMETS.			CUSTOM GRAPHIC DESIGN	\$50 PER HOUR		

NOTE: FILE(S) MUST BE PRINT-READY. ADDITIONAL CHARGES IF ARTWORK NEEDS MANIPULATION.

## LARGE FORMAT PRINTING



- POSTERS OPTIONAL FOAM CORE MOUNTING
- BANNERS WEATERPROOF CANVAS

## COPY/PRINTING SERVICES



- BLACK & WHITE OR COLOR
- BUSINESS CARDS
- BROCHURES, MANUALS & PROGRAMS

## DESIGN SERVICES






- PROFESSIONAL & EXPERIENCED GRAPHIC DESIGNERS
- SIMPLE TO COMPLEX

## OTHER SERVICES



- LAMINATING
- CUTTING & FOLDING
- BINDERY SERVICES

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	<b>1</b> <b>A&amp;FRC:</b> Retirement Planning Starter, 9–10am <b>A&amp;FRC:</b> Newlywed Financial, 11am–12pm <b>Library:</b> Table Top Games, 4:30–6:30pm	<b>2</b> <b>A&amp;FRC:</b> DOL Career & Credential Exploration (C2E) via Zoom, 8am–4pm	<b>3</b> <b>A&amp;FRC:</b> DOL Career & Credential Exploration (C2E) via Zoom, 8am–4pm	<b>4</b> <b>A&amp;FRC:</b> Ditching the Dorms, 9–10:30am and 7–8:30pm via Zoom <b>Library:</b> Take & Make Bookmarks ( <i>while supplies last</i> ) <b>Child &amp; Youth:</b> Back-to-School Brigade at Recce Point Club, 9am–12pm ( <i>by appointment only</i> )	<b>5</b> <b>Library:</b> 90's Trivia, 4:45pm	<b>6</b> <b>OAC:</b> Island Lake Day Hike, 9am–5pm <b>Club:</b> UFC 265, Pre-Fights 5pm / Main Event 7pm	
	<b>8</b> <b>Library:</b> Table Top Games, 4:30–6:30pm <b>Youth:</b> Youth Sports Camp, August 9–12, 9–11am	<b>9</b> <b>Bowling:</b> Monte Carlo Bowling, 7pm			<b>12</b> <b>Library:</b> Friday the 13th Horror Movie Trivia, 4:45pm <b>Library:</b> Friday the 13th Horror Movie Trivia, 4:45pm <b>Youth:</b> Water Fun Member Drive, 4–8:30pm <b>Bowling:</b> Free Dorm Night Bowling, 5pm–12am	<b>13</b> <b>R&amp;G:</b> Archery Basics, 10am–2pm <b>OAC:</b> Hidden Falls Hike, 9am–1pm, <b>Cinema:</b> "A Quiet Place Part II" (PG-13), 7pm <b>Club:</b> Family Paint & Create, 1–2:30pm <b>OAC:</b> Santa Cruz Beach Boardwalk Trip, 6am–8pm	
	<b>15</b> <b>Library:</b> Table Top Games, 4:30–6:30pm				<b>19</b>  <b>See page 4</b> <b>Fitness:</b> Sports Day, 7am–1:45pm	<b>20</b> <b>OAC:</b> Golden Gate Bay Cruise, 8am–6pm	
<b>OAC:</b> Muir Woods Hike, 8am–8pm, \$30	<b>22</b> <b>Library:</b> Table Top Games, 4:30–6:30pm			<b>25</b> <b>A&amp;FRC:</b> Federal Resume Writing via Zoom, 9–11am	<b>26</b> <b>Youth:</b> Tween Night Out, 6–9pm	<b>27</b> <b>OAC:</b> Ternero Olive Oil & Vinegar Tasting, 2–4pm, <b>Cinema:</b> "Cruella" (PG-13), 7pm <b>OAC:</b> SF Bay Fishing Trip, 2:30am–8pm	
<b>OAC:</b> Black Swan Trail, 9am–1pm	<b>29</b> <b>Library:</b> Table Top Games, 4:30–6:30pm	<b>30</b>	<b>31</b>  <b>See page 2</b>				<p><i>Event dates and times are subject to change. Please visit <a href="http://www.bealefs.com">www.bealefs.com</a> for the latest information. Some events may require advanced registration. Please visit facility pages for more details.</i></p>

**ARE YOU READY?**

Beale Air Force Base

**half MARATHON** or **5K**  
**10K**

• **SEPTEMBER 24** • **NEW DATE!**  
**6:00AM**

19395 Edison Ave. at the Flightline

Register at the  
Harris Fitness Center  
by COB September 23.

**STROLLERS  
WELCOME!**

★ **VOLUNTEERS NEEDED!** ★

*Open to Active Duty and their dependents, Reservists, AF National Guard, DoD civilians and retirees.*

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